# <span id="page-0-0"></span>THE FRÖHLICH POLARON AT STRONG COUPLING: PART II — ENERGY-MOMENTUM RELATION AND EFFECTIVE MASS

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### ABSTRACT

We study the Fröhlich polaron model in  $\mathbb{R}^3$ , and prove a lower bound on its ground state energy as a function of the total momentum. The bound is asymptotically sharp at large coupling. In combination with a corresponding upper bound proved earlier (Mitrouskas et al. in Forum Math. Sigma 11:1–52, [2023](#page-38-0)), it shows that the energy is approximately parabolic below the continuum threshold, and that the polaron's effective mass (defined as the semi-latus rectum of the parabola) is given by the celebrated Landau–Pekar formula. In particular, it diverges as *α*<sup>4</sup> for large coupling constant *α*.

### **1. Introduction and main results**

This is the second part of a study of the Fröhlich polaron [\[5\]](#page-38-0) in the regime of strong coupling between the electron and the phonons, which are the optical modes of a polar crystal. Our goal is to quantify the heuristic picture that the mass of an electron in a polarizable medium effectively increases due to an emerging phonon cloud attached to it. We are going to verify that the energy-momentum relation of a polaron is asymptotically given by the semi-classical formula  $E(P) - E(0) = \frac{|P|^2}{2\alpha^4 m}$ , which agrees with the energymomentum relation of a particle having mass  $\alpha^4 m$ , where  $\alpha^4 m$  is the asymptotic formula conjectured by Landau and Pekar [\[7](#page-38-0)] for the mass of a polaron in the regime where the coupling parameter *α* goes to infinity.

Following the notation of the first part [\[1](#page-38-0)], where a second order expansion for the absolute ground state energy of a polaron was verified, we are going to use creation and annihilation operators satisfying the semi-classical rescaled canonical commutation relations  $[a(f), a^{\dagger}(g)] = \alpha^{-2} \langle f|g \rangle$  for  $f, g \in L^2(\mathbf{R}^3)$ , in order to introduce the Fröhlich Hamiltonian acting on the Fock space  $L^2(\mathbf{R}^3) \otimes \mathcal{F}(L^2(\mathbf{R}^3))$  as

$$
\mathbf{H} := -\Delta_x - a(w_x) - a^{\dagger}(w_x) + \mathcal{N},
$$

where  $w_x(x) := \pi^{-\frac{3}{2}} |x' - x|^{-2}$  and the (rescaled) particle number operator  $\mathcal N$  equals  $\mathcal{N} := \sum_{n=1}^{\infty} a^{\dagger}(\varphi_n) a(\varphi_n)$  for an orthonormal basis  $\{\varphi_n : n \in \mathbf{N}\}\)$  of  $L^2(\mathbf{R}^3)$ . The Fröhlich Hamiltonian **H** commutes with the components  $(\mathbf{P}_1, \mathbf{P}_2, \mathbf{P}_3)$  of the total momentum operator

$$
\mathbf{P} := \frac{1}{i}\nabla + \alpha^2 \int_{\mathbf{R}^3} k \, a_k^{\dagger} a_k \mathrm{d}k \,,
$$

where we use the standard notation  $\int_{\mathbf{R}^3} f(k) a_k^{\dagger} a_k dk$  as a symbolic expression for the operator  $\sum_{n,m=1}^{\infty} \langle \varphi_n | f(\frac{1}{i} \nabla) | \varphi_m \rangle a^{\dagger}(\varphi_n) a(\varphi_m)$ . Hence we can study their joint spectrum  $\sigma(\mathbf{P}, \mathbf{H}) \subseteq \mathbf{R}^4$ , and define the ground state energy  $E_\alpha(P)$  of **H** at total momentum P



<span id="page-1-0"></span>as  $E_{\alpha}(P) := \inf\{E : (P, E) \in \sigma(P, H)\}\$ . Our main result below is the proof of the asymptotic energy-momentum relation

(1.1) 
$$
E_{\alpha}(P) = E_{\alpha}(0) + \min \left\{ \frac{|P|^2}{2\alpha^4 m}, \alpha^{-2} \right\} + O_{\alpha \to \infty}(\alpha^{-(2+\epsilon)}),
$$

where  $\epsilon > 0$  is a suitable constant and *m* is the conjectured constant by Landau and Pekar. In order to provide an explicit expression for *m*, let us first define the Pekar functional  $\mathcal{F}^{\text{Pek}}(\varphi) := \|\varphi\|^2 + \inf \sigma(-\Delta + V_{\varphi})$  for  $\varphi \in L^2(\mathbf{R}^3)$ , where we define the potential  $V_{\varphi} := -2(-\Delta)^{-\frac{1}{2}}\Re\mathfrak{e}\,\varphi.$  If follows from the analysis in [\[9](#page-38-0)] that there exists a unique radial minimizer  $\varphi^{\text{Pek}}$  of the functional  $\mathcal{F}^{\text{Pek}}$ . With this minimizer at hand, we can introduce the constant  $m := \frac{2}{3} \|\nabla \varphi^{\text{Pek}}\|^2$  in Eq. (1.1).

In order to formulate our main Theorem 1.1, let us further introduce the minimal Pekar energy  $e^{Pek} := \inf_{\varphi} \mathcal{F}^{Pek}(\varphi)$  as well as the Hessian H<sup>Pek</sup> of  $\mathcal{F}^{Pek}$  at the minimizer  $\varphi^{\text{Pek}}$  restricted to real-valued functions  $\varphi \in L^2_{\mathbf{R}}(\mathbf{R}^3)$ , i.e. we define H<sup>Pek</sup> as the unique self-adjoint operator on  $L^2(\mathbf{R}^3)$  satisfying

$$
\langle \varphi | H^{Pek} | \varphi \rangle = \lim_{\epsilon \to 0} \frac{1}{\epsilon^2} \big( \mathcal{F}^{Pek} \big( \varphi^{Pek} + \epsilon \varphi \big) - e^{Pek} \big)
$$

for all  $\varphi \in L^2_{\mathbf{R}}(\mathbf{R}^3)$ . With this notation at hand, we can state our main new result in Theorem 1.1. It provides a sharp asymptotic lower bound on the ground state energy  $E_{\alpha}(P)$  of the operator **H** as a function of the total momentum **P**.

*Theorem* **1.1.** — *There exists a constant*  $\epsilon > 0$  *such that* 

(1.2) 
$$
E_{\alpha}(P) \geq e^{Pek} - \frac{1}{2\alpha^2} \text{Tr} \left[ 1 - \sqrt{H^{Pek}} \right] + \min \left\{ \frac{|P|^2}{2\alpha^4 m}, \alpha^{-2} \right\} - \alpha^{-(2+\epsilon)}
$$

*for all*  $P \in \mathbf{R}^3$  *and for all*  $\alpha \geq \alpha_0$ *, where*  $\alpha_0$  *is a suitable constant.* 

That the lower bound in Eq.  $(1.2)$  is indeed sharp follows from the corresponding asymptotic upper bound established in [\[10](#page-38-0)], given by

$$
\textbf{(1.3)} \qquad \qquad E_{\alpha}(P) \leq e^{Pek} - \frac{1}{2\alpha^2} \text{Tr} \big[ 1 - \sqrt{H^{Pek}} \big] + \min \bigg\{ \frac{|P|^2}{2\alpha^4 m}, \alpha^{-2} \bigg\} + C_{\kappa} \alpha^{-\frac{5}{2} + \kappa},
$$

where  $\kappa > 0$  is arbitrary and  $C_{\kappa}$  a suitable constant. In combination with Eq. (1.2) this shows that

$$
E_{\alpha}(P) = e^{Pek} - \frac{1}{2\alpha^2} Tr[1 - \sqrt{H^{Pek}}] + min\left\{ \frac{|P|^2}{2\alpha^4 m}, \alpha^{-2} \right\}
$$

$$
+ O_{\alpha \to \infty}(\alpha^{-(2+\epsilon)})
$$

for all  $P \in \mathbb{R}^3$ , which in particular proves Eq. [\(1.1\)](#page-1-0). Note that  $\alpha^{-2}$  corresponds to the continuum threshold; i.e.,  $\sigma(\mathbf{P}, \mathbf{H}) \supset \mathbf{R}^3 \times [E_\alpha(0) + \alpha^{-2}, \infty)$ , the latter corresponding to states describing free phonons on top of the polaron ground state [\[6](#page-38-0), [11\]](#page-38-0).

In particular,  $E_{\alpha}(P)$  has an approximate parabolic shape below the continuum threshold, i.e., for  $|P| < \sqrt{2m\alpha}$ . The Landau–Pekar formula for the effective mass appears in the limit  $\alpha \to \infty$  as the semi-latus rectum of the parabola, in the sense that for any  $0 < |P| < \sqrt{2m}$ 

(1.4) 
$$
m = \lim_{\alpha \to \infty} \alpha^{-4} \frac{|\alpha P|^2}{2(E_{\alpha}(\alpha P) - E_{\alpha}(0))}.
$$

It is common the define the polaron's effective mass for fixed  $\alpha$  as

$$
M_{\text{eff}}(\alpha) := \lim_{P \to 0} \frac{|P|^2}{2(E_{\alpha}(P) - E_{\alpha}(0))}.
$$

The quantity on the right hand side of Eq. (1.4) is clearly related to the large *α* limit of  $\alpha^{-4}M_{\text{eff}}(\alpha)$ , with the difference being that the limit  $P \to 0$  is taken before the limit  $\alpha \to$  $\infty$ . While it is not clear at this point how to obtain the lower bound  $\lim_{\alpha\to\infty} \alpha^{-4}M_{\text{eff}}(\alpha) \geq$ *m*, we can make use of the inequality  $E_\alpha(P) \le E_\alpha(0) + \frac{|P|^2}{2M_{\text{eff}}(\alpha)}$  recently proved in [\[14\]](#page-38-0) in order to verify the upper bound  $\lim_{\alpha\to\infty} \alpha^{-4} M_{\text{eff}}(\alpha) \leq m$ . In fact, by applying Eq. [\(1.1](#page-1-0)) in the special case of P satisfying  $|P| = \sqrt{2m\alpha}$  we have

$$
E_{\alpha}(0) + \frac{1}{\alpha^2} + O_{\alpha \to \infty}(\alpha^{-(2+\epsilon)}) = E_{\alpha}(P) \le E_{\alpha}(0) + \frac{m\alpha^2}{M_{eff}(\alpha)},
$$

which yields the claimed upper bound on  $M_{\text{eff}}(\alpha)$ . We formulate it as the subsequent Corollary.

*Corollary* **1.2.** — *There exists a constant*  $\epsilon > 0$  *such that* 

$$
\mathrm{M}_{\mathrm{eff}}(\alpha) \leq \alpha^4 m + \mathrm{O}_{\alpha \to \infty}(\alpha^{4-\epsilon}).
$$

The remainder of this paper contains the proof of Theorem [1.1](#page-1-0). In order to guide the reader, we start with a short explanation of the main strategy.

*Proof strategy of Theorem [1.1](#page-1-0).* — Since  $(P, E_{\alpha}(P))$  is an element of the joint spectrum of the operator pair  $(\mathbf{P}, \mathbf{H})$ , there clearly exist states  $\Psi_{\alpha}$  satisfying  $\mathbf{P}\Psi_{\alpha} \approx \mathbf{P}\Psi_{\alpha}$  and  $H\Psi_{\alpha} \approx E_{\alpha}(P)\Psi_{\alpha}$ . In order to verify Theorem [1.1](#page-1-0), it is therefore enough to show that  $\langle \Psi_{\alpha} | \mathbf{H} | \Psi_{\alpha} \rangle$  is bounded from below by the right hand side of Eq. [\(1.2\)](#page-1-0). For this to hold it is crucial to use the additional information  $\mathbf{P}\Psi_\alpha \approx \mathbf{P}\Psi_\alpha$  on the momentum, since in general  $H$ , as an operator, is not bounded from below by the right hand side of Eq.  $(1.2)$  $(1.2)$ . It is not possible to transform the constrained minimization problem to a global one by <span id="page-3-0"></span>the usual method of Lagrange multipliers, since the operators **P** are not bounded relative to **H**. More precisely, while clearly

$$
\textbf{(1.5)} \qquad \qquad E_{\alpha}(P) \ge \inf \sigma \left( \mathbf{H} + \lambda (P - \mathbf{P}) \right)
$$

for any  $\lambda \in \mathbf{R}^3$ , such a bound is insufficient as the right hand side is  $-\infty$  for  $\lambda \neq 0$ , which follows easily from the fact that  $E_\alpha(P)$  is bounded uniformly in P (compare with Eq. [\(1.1\)](#page-1-0)).

In order to improve the lower bound in Eq.  $(1.5)$ , we introduce a wavenumber cutoff  $\Lambda$  in the Hamiltonian **H** as well as in the momentum operator **P**, leading to the study of the ground state energy  $E_{\alpha,\Lambda}(P)$  of the truncated Hamiltonian  $H_{\Lambda}$  as a function of the truncated momentum  $\mathbf{P}_{\Lambda}$ . As we will show in the subsequent Section [2,](#page-4-0) it is enough to prove Eq. [\(1.2](#page-1-0)) for the modified energy  $E_{\alpha,\Lambda}(P)$  in order to verify our main Theorem [1.1](#page-1-0). By introducing the cut-off we manually exclude the radiative regime where a single phonon carries the total momentum, which is responsible for the (approximately) flat energy-momentum relation  $E_\alpha(P)$  above the threshold  $|P| = \sqrt{2m\alpha}$  and the resulting collapse of the quadratic approximation  $E_{\alpha}(P) - E_{\alpha}(0) \approx \frac{|P|^2}{2\alpha^4 m}$  above this threshold.

In contrast, in the presence of the cut-off, it turns out that we can apply the method of Lagrange multiplies. We shall follow the strategy developed in the first part [\[1\]](#page-38-0), and construct approximate eigenstates  $\Psi_{\alpha}$  to the joint eigenvalue  $(P, E_{\alpha,\Lambda}(P))$  of the operator pair  $(\mathbf{P}_{\Lambda}, \mathbf{H}_{\Lambda})$ , which in addition satisfy (complete) Bose–Einstein condensation with respect to the minimizer  $\varphi^{\text{Pek}}$  of the Pekar functional  $\mathcal{F}^{\text{Pek}}$ . In this context we call  $\Psi_{\alpha}$  an approximate eigenstate in case

$$
\langle \Psi_{\alpha} | (\mathbf{P}_{\Lambda} - P)^2 | \Psi_{\alpha} \rangle = O_{\alpha \to \infty} (\alpha^{2-\tau}),
$$
  

$$
E_{\alpha, \Lambda}(P) \geq \langle \Psi_{\alpha} | \mathbf{H}_{\Lambda} | \Psi_{\alpha} \rangle + O_{\alpha \to \infty} (\alpha^{-(2+\tau)})
$$

for some  $r > 0$ . In order to verify that  $E_{\alpha,\Lambda}(P)$  is bounded from below by the right hand side of Eq.  $(1.2)$  $(1.2)$ , it is consequently enough to show that

(1.6) 
$$
\langle \Psi | \mathbf{H}_{\Lambda} + \lambda (P - \mathbf{P}_{\Lambda}) | \Psi \rangle \ge e^{Pek} - \frac{1}{2\alpha^2} \text{Tr} \Big[ 1 - \sqrt{H^{Pek}} \Big] + \lambda P - \frac{\alpha^4 m |\lambda|^2}{2} - \alpha^{-(2+\epsilon)}
$$

for all states  $\Psi$  satisfying (complete) Bose–Einstein condensation with respect to the minimizer  $\varphi^{Pek}$ , providing the desired lower bound for the optimal choice  $\lambda = \frac{P}{m\alpha^4}$ , with the term  $\frac{\alpha^4 m |\lambda|^2}{2}$  in Eq. (1.6) arising naturally as the Legendre transformation of the quadratic approximation  $\frac{|P|^2}{2\alpha^4 m}$ .

Since Eq. (1.6) claims a global lower bound, i.e. there is no constraint on the momentum of  $\Psi$ , we can utilize the methods developed in the first part [\[1\]](#page-38-0), where a lower bound on the total minimum  $E_\alpha = \inf \sigma(H)$  was established. The basic idea is that we can <span id="page-4-0"></span>find, up to a unitary transformation, a lower bound on the operator  $\mathbf{H}_{\Lambda} + \frac{P}{m\alpha^4} (P - \mathbf{P}_{\Lambda})$ of the form

(1.7) 
$$
e^{\text{Pek}} + \frac{|\mathbf{P}|^2}{2\alpha^4 m} + \mathbf{Q}_{\Lambda} + \mathbf{O}_{\alpha \to \infty}(\alpha^{-(2+r)}),
$$

where  $\mathbf{Q}_{\Lambda}$  is a system of harmonic oscillators, which holds when tested against states satisfying (complete) Bose–Einstein condensation. The operator  $\mathbf{Q}_{\Lambda}$  is bounded from below in the presence of a (suitable) wavenumber cut-off  $\Lambda$  and the ground state energy of  $\mathbf{Q}_{\Lambda}$ The computed explicitly, giving rise to the quantum correction  $-\frac{1}{2\alpha^2}\text{Tr}[1-\sqrt{H^{\text{Pek}}}]$  in Eq. [\(1.2](#page-1-0)).

Finally, we note that it would be a natural idea to study the right hand side of the following Eq.  $(1.8)$ 

(1.8) 
$$
E_{\alpha}(P) \ge \inf \sigma \left( H + \frac{\mu}{\alpha^4} (P - P)^2 \right),
$$

in the limit  $\mu \to \infty$ , which, in contrast to Eq. [\(1.5](#page-3-0)), would be sharp enough to yield the desired lower bound even without a wavenumber cut-off  $\Lambda$ . However, in order to establish a lower bound on  $\mathbf{H} + \frac{\mu}{\alpha^4} (\mathbf{P} - \mathbf{P})^2$  of the form

$$
e^{\text{Pek}} + \frac{|\mathbf{P}|^2}{2\alpha^4 m} + \mathbf{Q} + \mathbf{O}_{\alpha \to \infty}(\alpha^{-(2+r)}),
$$

where **Q** is a semi-bounded system of harmonic oscillators, we believe it is still a necessity to include a wavenumber cut-off  $\Lambda$ . For technical reasons we therefore prefer to work with Eq. [\(1.5](#page-3-0)) due to the presence of the (typically) small parameter  $\alpha^2 \lambda = \frac{|P|}{m\alpha^2}$  in front of the operator  $\frac{1}{\alpha^2}(\mathbf{P} - \mathbf{P})$ .

**Outline.** The paper is structured as follows. In Section 2 we shall show that it is sufficient to prove Eq.  $(1.2)$  $(1.2)$  for a model including a suitable ultraviolet wavenumber cut-off in order to verify our main Theorem [1.1.](#page-1-0) In the subsequent Section [3](#page-8-0), we will construct approximate eigenstates for the truncated model defined in Section 2, which in addition satisfy (complete) Bose–Einstein condensation with respect to the state  $\varphi^{\text{Pek}}$ . Section  $4$  is then devoted to the proof of our main technical Theorem [2.1,](#page-5-0) where we use the method of Lagrange multipliers in order to get rid of the momentum constraint. Finally, Appendix [A](#page-35-0) contains auxiliary results on commutator estimates as well as properties of the Pekar minimizer  $\varphi^{\text{Pek}}$ , which get used in the proof.

### **2. Reduction to bounded wavenumbers**

In this section we shall introduce the truncated Hamiltonian  $\mathbf{H}_{\Lambda}$ , which includes a wavenumber restriction  $|k| \leq \Lambda$ , and we are going to state our main technical Theorem <span id="page-5-0"></span>2.1, which provides an analogue of Theorem [1.1](#page-1-0) for the truncated model. While the proof of Theorem 2.1 is the content of Sections [3](#page-8-0) and [4,](#page-24-0) we will verify in this Section that Theorem [1.1](#page-1-0) is a consequence of Theorem 2.1, i.e. we will explain why it is enough to prove Eq. [\(1.2](#page-1-0)) for a model including a wavenumber regularization. The quantum nature of our system, and in particular the discrete spectrum  $\sigma(\mathcal{N}) = \{0, \frac{1}{\alpha^2}, \frac{2}{\alpha^2}, ...\}$  of the number operator  $N$ , is essential for this argument to work. In contrast, in the classical case the effective mass is infinite since there nothing prevents a priori the wavenumber from escaping to infinity without an energy penalty, and one has to introduce a suitable regularization in order to observe the expected asymptotics  $M_{\text{eff}} = \alpha^4 m + o_{\alpha \to \infty}(\alpha^4)$ , see [\[3\]](#page-38-0).

Before formulating Theorem 2.1, we shall introduce some useful notation. Follow-ing [\[1](#page-38-0)], we define for a function  $f: X \longrightarrow \mathbf{R}, \epsilon \geq 0$  and  $-\infty \leq a \leq b \leq \infty$ , the function  $\chi^{\epsilon}(a \leq f \leq b)$  : **X**  $\longrightarrow$  [0, 1] as

(2.1) 
$$
\chi^{\epsilon}(a \le f(x) \le b) := \begin{cases} \alpha(\frac{f(x)-b}{\epsilon})\beta(\frac{f(x)-a}{\epsilon}), & \text{for } \epsilon > 0 \\ \mathbf{1}_{[a,b]}(f(x)), & \text{for } \epsilon = 0, \end{cases}
$$

where  $\alpha, \beta : \mathbf{R} \longrightarrow [0, 1]$  are given  $C^{\infty}$  functions such that  $\alpha^2 + \beta^2 = 1$ , supp $(\alpha) \subset$ *(*−∞*,* 1*)* and supp*(β)* ⊂ *(*−1*,*∞*)*. Similarly we define the operator

$$
\chi^{\epsilon}(a \leq T \leq b) := \int \chi^{\epsilon}(a \leq t \leq b) dE,
$$

where T is a self-adjoint operator and E the corresponding spectral measure. Furthermore let us write  $\chi$  ( $a \le f \le b$ ) in case  $\epsilon = 0$  and  $\chi^{\epsilon}(\cdot \le b)$ , respectively  $\chi^{\epsilon}$  ( $a \le \cdot$ ), in case  $a = -\infty$  or  $b = \infty$ , respectively. With this notation at hand, we define the Hamiltonian  $\mathbf{H}_{\Lambda}$  with wavenumber cut-off  $\Lambda \geq 0$  as

(2.2) 
$$
\mathbf{H}_{\Lambda} := -\Delta_x - a\big(\chi\big(|\nabla| \leq \Lambda\big)w_x\big) - a^{\dagger}\big(\chi\big(|\nabla| \leq \Lambda\big)w_x\big) + \mathcal{N}.
$$

*Theorem* 2.1. — Let  $E_{\alpha,\Lambda}(P)$  be the ground state energy of the operator  $H_{\Lambda}$  as a function of *the (one-component of the) truncated total momentum*

$$
\mathbf{P}_{\Lambda} := \frac{1}{i} \nabla_{x_1} + \alpha^2 \int \chi^1(\Lambda^{-1}|k_1| \leq 2) k_1 a_k^{\dagger} a_k \mathrm{d}k
$$

*and let*  $\Lambda = \alpha^{\frac{4}{5}(1+\sigma)}$  *with*  $0 < \sigma < \frac{1}{9}$ *. Then there exists a constant*  $\epsilon > 0$  *such that for all*  $C > 0$ *,*  $|P| \leq C\alpha$  *and*  $\alpha \geq \alpha_0(\sigma, C)$ 

(2.3) 
$$
E_{\alpha,\Lambda}(P) \geq e^{Pek} - \frac{1}{2\alpha^2} \text{Tr} \left[ 1 - \sqrt{H^{Pek}} \right] + \frac{|P|^2}{2\alpha^4 m} - \alpha^{-(2+\epsilon)},
$$

*where*  $\alpha_0(\sigma, C)$  *is a suitable constant.* 

<span id="page-6-0"></span>For technical reasons we use here the smooth cut-off  $\chi^1(\Lambda^{-1}|k_1| \leq 2)$  instead of the sharp cut-off  $\chi(\Lambda^{-1}|k_1| \leq 1)$  in the definition of the momentum operator  $\mathbf{P}_{\Lambda}$ . Note also that the momentum cut-off appears in  $(2.2)$  $(2.2)$  only in the interaction term, and not in the field energy  $\mathcal N$ . In the following we shall argue that, as a consequence of Theorem [2.1](#page-5-0), Eq.  $(2.3)$  is also valid with  $P_A$  replaced by

$$
\mathbf{P}'_1 := \frac{1}{i} \nabla_{x_1} + \alpha^2 \int_{|k| \leq \Lambda} k_j a_k^{\dagger} a_k \mathrm{d}k
$$

having the sharp cut-off, and with  $H_{\Lambda}$  replaced by the fully restricted Hamiltonian

$$
\mathbf{H}'_{\Lambda} := \mathbf{H}_{\Lambda} - \int_{|k| > \Lambda} a_k^{\dagger} a_k \mathrm{d}k.
$$

In order to see this, observe that  $\mathbf{P}'_1$  and  $\mathbf{H}'_\Lambda$  are the restrictions (in the sense of operators) of  $P_{\Lambda}$  and  $H_{\Lambda}$  to states of the form  $\Psi' \otimes \Omega$ , where  $\Psi'$  is an element of the space  $L^2(\mathbf{R}^3, \mathcal{F}(\text{ran }\chi(|\nabla| \leq \Lambda)))$  and  $\Omega$  is the vacuum in  $\mathcal{F}(\text{ran }\chi(|\nabla| > \Lambda))$ . Hence

$$
\sigma\big(\mathbf{P}'_1,\mathbf{H}'_\Lambda\big)\subseteq\sigma(\mathbf{P}_\Lambda,\mathbf{H}_\Lambda),
$$

and therefore we obtain as an immediate consequence of the previous Theorem [2.1](#page-5-0) that

(2.4) 
$$
E \ge e^{Pek} - \frac{1}{2\alpha^2} \text{Tr} \left[ 1 - \sqrt{H^{Pek}} \right] + \frac{|P|^2}{2\alpha^4 m} - \alpha^{-(2+\epsilon)}
$$

for all  $(P, E) \in \sigma(P'_1, H'_\Lambda)$  with  $|P| \leq C\alpha$  and  $\alpha \geq \alpha_0(\sigma, C)$ . In the proof of Theorem [1.1](#page-1-0) below it will be useful to have Eq. (2.4) for  $\mathbf{P}'_1$  and  $\mathbf{H}'_\Lambda$ , instead of Eq. [\(2.3](#page-5-0)) for  $\mathbf{P}_\Lambda$  and  $H_{\Lambda}$ .

In order to verify Theorem [1.1](#page-1-0), it is convenient to introduce the ground state energy  $E^*_{\alpha,\Lambda}(P)$  of the operator  $\mathbf{H}_{\Lambda}$  as a function of P. Note that in contrast to  $E_{\alpha,\Lambda}(P)$ , we do not use a wavenumber cut-off in the momentum operator here, while we still have the cut-off in the Hamiltonian  $\mathbf{H}_{\Lambda}$ . In the following Lemma 2.2 we are going to utilize the results in  $[4, 13]$  $[4, 13]$  $[4, 13]$ , where the energy cost of introducing a wavenumber cut-off in the Hamiltonian is quantified, in order to compare  $E_{\alpha,\Lambda}^*(P)$  with  $E_{\alpha}(P)$ .

*Lemma* 2.2. — *Let*  $\Lambda = \alpha^{\frac{4}{5}(1+\sigma)}$  *for*  $\sigma > 0$ *. Then there exists a constant*  $C' > 0$ *, such that for all*  $P \in \mathbb{R}^3$  *and*  $\alpha$  *large enough* 

$$
E_{\alpha}(P) \ge E_{\alpha,\Lambda}^*(P) - C'\alpha^{-2(1+\sigma)}.
$$

*Proof.* — By the results in [\[4](#page-38-0), [13](#page-38-0)], there exists a C > 0 such that for  $\alpha$  large enough

$$
\textbf{(2.5)} \qquad \qquad \mathbf{H}_{\Lambda} \leq \mathbf{H} + \mathbf{C}\alpha^{-2(1+\sigma)}\big(\mathbf{H}^2 + 1\big).
$$

<span id="page-7-0"></span>This was first shown in [\[4](#page-38-0)] for a confined polaron model on a bounded domain, but the method extends in a straightforward way to the model on  $\mathbb{R}^3$ , as shown in [\[13\]](#page-38-0) (see also [\[2\]](#page-38-0) for the corresponding result for a polaron model on a torus). In the following, let  $\Psi_{\epsilon}$ be a state satisfying  $\chi(\sum_{j=1}^{3}(\mathbf{P}_{j} - \mathbf{P}_{j})^{2} \leq \epsilon^{2})\Psi_{\epsilon} = \Psi_{\epsilon}$  and  $\langle \Psi_{\epsilon}|(\mathbf{H} - \mathbf{E}_{\alpha}(\mathbf{P}))^{2}|\Psi_{\epsilon}\rangle \leq \epsilon^{2}$ , where  $\epsilon > 0$ . By Eq. [\(2.5](#page-6-0)) we therefore have

$$
\langle \Psi_{\epsilon} | \mathbf{H}_{\Lambda} | \Psi_{\epsilon} \rangle \leq E_{\alpha}(P) + C\alpha^{-2(1+\sigma)} \big( \langle \Psi_{\epsilon} | \mathbf{H}^2 | \Psi_{\epsilon} \rangle + 1 \big) + \epsilon
$$
  
\n
$$
\leq E_{\alpha}(P) + C\alpha^{-2(1+\sigma)} \big( 2E_{\alpha}(P)^2 + 2\epsilon^2 + 1 \big) + \epsilon
$$
  
\n
$$
\leq E_{\alpha}(P) + C'\alpha^{-2(1+\sigma)} + \epsilon
$$

for  $0 < \epsilon \leq 1$  and a suitable C', where we used that  $E_{\alpha}(P)$  is uniformly bounded for  $P \in \mathbb{R}^3$  and  $\alpha \geq 1$  in the last inequality. Hence

$$
\chi\left(\mathbf{H}_{\Lambda} \leq \mathrm{E}_{\alpha}(\mathrm{P}) + \mathrm{C}'\alpha^{-2(1+\sigma)} + \epsilon\right)\Psi_{\epsilon} \neq 0.
$$

Using  $\chi(\sum_{j=1}^{3}(\mathbf{P}_{j}-\mathbf{P}_{j})^{2} \leq \epsilon^{2})\Psi_{\epsilon} = \Psi_{\epsilon}$ , we obtain

$$
A_{\epsilon} := \sigma(\mathbf{P}, \mathbf{H}_{\Lambda}) \cap (B_{\epsilon}(P) \times (-\infty, E_{\alpha}(P) + C'\alpha^{-2(1+\sigma)} + \epsilon]) \neq \emptyset.
$$

Since  $\mathbf{H}_{\Lambda}$  is bounded from below,  $(A_{\epsilon})_{0<\epsilon\leq 1}$  is a monotone sequence of non-empty compact sets, i.e.  $A_{\epsilon_1} \subseteq A_{\epsilon_2}$  for  $\epsilon_1 \leq \epsilon_2$ , and consequently

$$
\sigma(\mathbf{P}, \mathbf{H}_{\Lambda}) \cap (\{P\} \times (-\infty, E_{\alpha}(P) + C'\alpha^{-2(1+\sigma)})\big) = \bigcap_{0 < \epsilon \leq 1} A_{\epsilon} \neq \emptyset,
$$

which is equivalent to  $E_{\alpha,\Lambda}^*(P) \le E_{\alpha}(P) + C'\alpha^{-2(1+\sigma)}$ .

Given Theorem [2.1](#page-5-0) we can now give a proof of Theorem [1.1](#page-1-0).

*Proof of Theorem [1.1.](#page-1-0)* — In the first step of the proof, we are going to verify Eq. [\(1.2](#page-1-0)) for  $|P| \leq \sqrt{2m\alpha}$ . Due to the rotational symmetry, we can assume w.l.o.g. that P  $(P_1, 0, 0)$ , and by Lemma [2.2](#page-6-0) we know that

(2.6) 
$$
E_{\alpha}(P) + C'\alpha^{-2(1+\sigma)} \ge \inf \{ E : (P_1, 0, 0, E) \in \sigma(\mathbf{P}_1, \mathbf{P}_2, \mathbf{P}_3, \mathbf{H}_{\Lambda}) \} \ge \inf \{ E : (P_1, E) \in \sigma(\mathbf{P}_1, \mathbf{H}_{\Lambda}) \}.
$$

Making use of the fact that the operators  $P'_1$ ,  $H'_\Lambda$ ,  $P_1 - P'_1$  and  $H_\Lambda - H'_\Lambda$  are pairwise commuting and that  $\mathbf{P}'_1$ ,  $\mathbf{H}'_\Lambda$  and  $\mathbf{P}_1 - \mathbf{P}'_1$ ,  $\mathbf{H}_\Lambda - \mathbf{H}'_\Lambda$  act on different factors in the tensor product  $L^2(\mathbf{R}^3, \mathcal{F}(\text{ran }\chi(|\nabla| \leq \Lambda))) \otimes \mathcal{F}(\text{ran }\chi(|\nabla| > \Lambda))$ , their joint spectrum is welldefined and satisfies

$$
\sigma\big(\mathbf{P}'_1,\mathbf{H}'_\Lambda,\mathbf{P}_1-\mathbf{P}'_1,\mathbf{H}_\Lambda-\mathbf{H}'_\Lambda\big)=\sigma\big(\mathbf{P}'_1,\mathbf{H}'_\Lambda\big)\times\sigma\big(\mathbf{P}_1-\mathbf{P}'_1,\mathbf{H}_\Lambda-\mathbf{H}'_\Lambda\big).
$$

$$
\Box
$$

<span id="page-8-0"></span>Hence we can rewrite the right hand side of Eq.  $(2.6)$  $(2.6)$  as

$$
\inf_{P'_1 + \widetilde{P}_1 = P_1} \{ E' + \widetilde{E} : (P'_1, E') \in \sigma (\mathbf{P}'_1, \mathbf{H}'_\Lambda),
$$
  

$$
(\widetilde{P}_1, \widetilde{E}) \in \sigma (\mathbf{P}_1 - \mathbf{P}'_1, \mathbf{H}_\Lambda - \mathbf{H}'_\Lambda) \}.
$$

In order to verify that  $E' + \widetilde{E}$  is bounded from below by the right hand side of Eq. [\(1.2](#page-1-0)) for a suitable  $\epsilon > 0$  and  $|P_1| \leq \sqrt{2m\alpha}$ , let us first consider the case  $\widetilde{E} \geq \alpha^{-2}$ . Since  $E' \in$  $\sigma(\mathbf{H}'_{\Lambda})$ , we have  $E' \ge \inf \sigma(\mathbf{H}'_{\Lambda}) \ge \inf \sigma(\mathbf{H}) = E_{\alpha}$  and therefore

$$
E' + \widetilde{E} \ge E_{\alpha} + \alpha^{-2} \ge e^{Pek} - \frac{1}{2\alpha^2} \text{Tr} \left[ 1 - \sqrt{H^{Pek}} \right] + \alpha^{-2} - \alpha^{-(2+\epsilon')}
$$

for a suitable  $\epsilon' > 0$ , where we have used [\[1,](#page-38-0) Theorem 1.1]. Regarding the other case  $\widetilde{E} < \alpha^{-2}$ , note that we have

$$
(\widetilde{\mathbf{P}}_1, \widetilde{\mathbf{E}}) \in \sigma \left( \mathbf{P}_1 - \mathbf{P}'_1, \mathbf{H}_{\Lambda} - \mathbf{H}'_{\Lambda} \right) = \left\{ (0, 0) \right\} \cup \bigcup_{\ell=1}^{\infty} \mathbf{R} \times \left\{ \frac{\ell}{\alpha^2} \right\},
$$

and therefore  $\widetilde{E} = 0$  and  $\widetilde{P}_1 = 0$ . Hence  $|P'_1| = |P_1| \le \sqrt{2m\alpha}$  and consequently

$$
E' + \widetilde{E} = E' \ge e^{Pek} - \frac{1}{2\alpha^2} \text{Tr} \left[ 1 - \sqrt{H^{Pek}} \right] + \frac{|P'_1|^2}{2\alpha^4 m} - \alpha^{-(2+\epsilon)}
$$
  
=  $e^{Pek} - \frac{1}{2\alpha^2} \text{Tr} \left[ 1 - \sqrt{H^{Pek}} \right] + \frac{|P_1|^2}{2\alpha^4 m} - \alpha^{-(2+\epsilon)},$ 

where we have used  $(P'_1, E') \in \sigma(P'_1, H'_\Lambda)$  together with Eq. [\(2.4\)](#page-6-0). This concludes the proof of Eq. [\(1.2\)](#page-1-0) for  $|P| \leq \sqrt{2m\alpha}$ .

In order to verify Eq. [\(1.2](#page-1-0)) for  $|P| > \sqrt{2m\alpha}$ , we are going to use the fact that  $P \mapsto E_\alpha(P)$  is a monotone radial function, as recently shown in [\[14](#page-38-0)], and consequently  $E_{\alpha}(P) \ge E_{\alpha}(\sqrt{2m\frac{P}{|P|}})$  for  $|P| \ge \sqrt{2m\alpha}$ . This reduces the problem to the previous case, and  $P$ hence concludes the proof of Theorem [1.1.](#page-1-0)  $\Box$ 

### **3. Construction of a condensate**

This section is devoted to the construction of approximate  $p$  ground states  $\Psi_{\alpha}$ satisfying complete condensation in  $\varphi^{Pek}$ , which we will utilize in order to prove Theorem [2.1](#page-5-0) in Section [4.](#page-24-0) In this context, we call  $\Psi_{\alpha}$  an approximate p ground state in case

$$
\langle \Psi_{\alpha} | \mathbf{H}_{\Lambda} | \Psi_{\alpha} \rangle = \mathrm{E}_{\alpha, \Lambda} (\alpha^2 p) + \mathrm{O}_{\alpha \to \infty} (\alpha^{-(2+\epsilon)}),
$$

$$
\langle \Psi_{\alpha} | (\Upsilon_{\Lambda} - p)^2 | \Psi_{\alpha} \rangle \lesssim \alpha^{-(2+\epsilon)},
$$

<span id="page-9-0"></span>with  $\epsilon > 0$ , where  $E_{\alpha,\Lambda}(\alpha^2 p)$  and  $\mathbf{H}_{\Lambda}$  are defined in, respectively above, Theorem [2.1](#page-5-0), and we define the (rescaled and truncated) phonon momentum operator

$$
\Upsilon_{\Lambda} := \int \chi^1(\Lambda^{-1}|k_1| \leq 2) k_1 a_k^{\dagger} a_k \mathrm{d} k.
$$

Similarly to  $\mathbf{H}_{\Lambda}$ , it also depends on  $\alpha$  due to the rescaled canonical commutation relations  $[a(f), a^{\dagger}(g)] = \alpha^{-2} \langle g|f \rangle$  but we suppress the  $\alpha$  dependence for the sake of readability. Here and in the following, we write  $X \lesssim Y$  in case there exist constants  $C, \alpha_0 > 0$ such that  $X \leq CY$  for all  $\alpha \geq \alpha_0$ . It is clear that there exist states  $\Psi_\alpha$  that satisfy both  $\langle \Psi_{\alpha} | \mathbf{H}_{\Lambda} | \Psi_{\alpha} \rangle - \mathbb{E}_{\alpha, \Lambda} (\alpha^2 p) \lesssim \alpha^{-(2+\epsilon)}$  and  $\langle \Psi_{\alpha} | (\alpha^{-2} \mathbf{P}_{\Lambda} - p)^2 | \Psi_{\alpha} \rangle \lesssim \alpha^{-(2+\epsilon)}$ , since  $(\phi, E_{\alpha,\Lambda}(\alpha^2 \phi))$  is a point in the joint spectrum of  $(\alpha^{-2} \mathbf{P}_{\Lambda}, \mathbf{H}_{\Lambda})$ . As part of the subsequent Lemma 3.1 we are going to show that the contribution of  $\frac{1}{i\alpha^2} \nabla_{x_1}$  in  $\alpha^{-2} \mathbf{P}_{\Lambda} = \frac{1}{i\alpha^2} \nabla_{x_1} + \Upsilon_{\Lambda}$ is negligibly small, i.e., we shall show that it does not matter whether one uses  $γ_Λ$  or  $\alpha^{-2}$  **P**<sup> $\Lambda$ </sup> in the definition of approximate ground states. In particular, this will imply the existence of approximate p ground states. We will choose  $\Psi_{\alpha}$  such that supp $(\Psi_{\alpha}) \subseteq B_L(0)$ for a suitable L, where we define the support using the identification

$$
L^2(\mathbf{R}^3) \otimes \mathcal{F}(L^2(\mathbf{R}^3)) \cong L^2(\mathbf{R}^3, \mathcal{F}(L^2(\mathbf{R}^3)))
$$

in order to represent elements  $\Psi \in L^2(\mathbf{R}^3) \otimes \mathcal{F}(L^2(\mathbf{R}^3))$  as functions  $x \mapsto \Psi(x)$  with values in  $\mathcal{F}(L^2(\mathbf{R}^3))$ , i.e. supp $(\Psi)$  refers to the support of the electron.

In the rest of this paper, we will always assume that  $\alpha \geq 1$ . Most of the results in this Section include  $E_{\alpha,\Lambda}(\alpha^2 p) \leq E_{\alpha} + C|p|^2$  as an assumption for an arbitrary, but fixed, constant  $C > 0$ , where  $E_\alpha$  denotes the ground state energy of **H**. For the purpose of proving Theorem [2.1](#page-5-0) this is not a restriction, since we can always pick  $C \geq \frac{1}{2m}$  and therefore  $E_{\alpha,\Lambda}(\alpha^2 p) > E_{\alpha} + C|p|^2$  immediately implies the statement of Theorem [2.1](#page-5-0)

$$
E_{\alpha,\Lambda}(\alpha^2 \mathbf{p}) > E_{\alpha} + C|\mathbf{p}|^2 \geq e^{Pek} - \frac{1}{2\alpha^2} \text{Tr} \left[1 - \sqrt{H^{Pek}}\right] + \frac{|\mathbf{p}|^2}{2m} - \alpha^{-(2+\epsilon)},
$$

where we used  $E_{\alpha} \geq e^{Pek} - \frac{1}{2\alpha^2} \text{Tr}[1 - \sqrt{H^{Pek}}] - \alpha^{-(2+\epsilon)}$  by [\[1,](#page-38-0) Theorem 1.1].

*Lemma* **3.1.** — *Given*  $0 < \sigma < \frac{1}{4}$ *, let*  $\Lambda = \alpha^{\frac{4}{5}(1+\sigma)}$  *and*  $L = \alpha^{1+\sigma}$ *, and assume p satisfies*  $|p| \leq \frac{C}{\alpha}$  and  $E_{\alpha,\Lambda}(\alpha^2 p) \leq E_{\alpha} + C|p|^2$  for a given  $C > 0$ , where  $E_{\alpha}$  is the ground state energy of **H**. *Then there exist states*  $\Psi_{\alpha}^{\bullet}$  *satisfying* 

$$
\langle \Psi_{\alpha}^{\bullet} | \mathbf{H}_{\Lambda} | \Psi_{\alpha}^{\bullet} \rangle - \mathrm{E}_{\alpha, \Lambda} (\alpha^2 \beta) \lesssim \alpha^{-2(1+\sigma)},
$$
  

$$
\langle \Psi_{\alpha}^{\bullet} | (\Upsilon_{\Lambda} - \beta)^2 | \Psi_{\alpha}^{\bullet} \rangle \lesssim \alpha^{2\sigma - 4},
$$

 $a$ *s* well as supp $(\Psi_{\alpha}^{\bullet}) \subseteq B_{L}(0)$ *.* 

<span id="page-10-0"></span>*Proof.* — Since  $(p, E_{\alpha,\Lambda}(\alpha^2 p))$  is an element of the joint spectrum  $\sigma(\frac{1}{i\alpha^2}\nabla_{x_1} +$  $\Upsilon_{\Lambda}$ ,  $\mathbf{H}_{\Lambda}$ ), there exist states  $\Psi_{\alpha}^{0}$  satisfying  $\langle \Psi_{\alpha}^{0} | (\frac{1}{i\alpha^{2}} \nabla_{x_{1}} + \Upsilon_{\Lambda} - \rho)^{2} | \Psi_{\alpha}^{0} \rangle \le \alpha^{-4}$  and

(3.1) 
$$
\langle \Psi_{\alpha}^0 | \mathbf{H}_{\Lambda} | \Psi_{\alpha}^0 \rangle \leq E_{\alpha,\Lambda} (\alpha^2 \beta) + \frac{1}{2} \alpha^{-2(1+\sigma)}.
$$

From [\[1](#page-38-0), Lemma 2.4] we know that  $\langle \Psi_{\alpha}^0 | - \Delta_x | \Psi_{\alpha}^0 \rangle \leq 2 \langle \Psi_{\alpha}^0 | \mathbf{H}_{\Lambda} | \Psi_{\alpha}^0 \rangle + d$  for a suitable constant  $d > 0$ , which implies that  $\langle \Psi_{\alpha}^{0} | - \Delta_{x} | \Psi_{\alpha}^{0} \rangle \lesssim 1$  due to Eq. (3.1) and our assumption  $E_{\alpha,\Lambda}(\alpha^2 p) \le E_{\alpha} + C|p|^2 \le C|p|^2 \le \frac{C^3}{\alpha^2}$ , and hence

(3.2) 
$$
\langle \Psi_{\alpha}^{0} | (\Upsilon_{\Lambda} - p)^{2} | \Psi_{\alpha}^{0} \rangle \leq 2 \langle \Psi_{\alpha}^{0} | \left( \frac{1}{i\alpha^{2}} \nabla_{x_{1}} + \Upsilon_{\Lambda} - p \right)^{2} | \Psi_{\alpha}^{0} \rangle - 2\alpha^{-4} \langle \Psi_{\alpha}^{0} | \Delta_{x} | \Psi_{\alpha}^{0} \rangle
$$

$$
\leq c\alpha^{-4}
$$

for a suitable  $c > 0$ .

Let  $\eta : \mathbf{R}^3 \longrightarrow [0, \infty)$  be a smooth function that is supported on  $B_1(0)$  and satisfies  $\int \eta^2 = 1$ . With this at hand we define  $\Psi_y(x) := L^{-\frac{3}{2}} \eta(L^{-1}(x - y)) \Psi_\alpha^0(x)$  and  $Z_y := \|\Psi_y\|$ , as well as the set  $S \subseteq \mathbb{R}^3$  containing all *y* satisfying

$$
\langle \Psi_y | \mathbf{H}_{\Lambda} | \Psi_y \rangle > Z_y^2 \big( E_{\alpha, \Lambda} \big( \alpha^2 p \big) + \big( 1 + \| \nabla \eta \|^2 \big) \alpha^{-2(1+\sigma)} \big).
$$

Making use of the IMS identity we obtain

$$
\langle \Psi_{\alpha}^{0} | \mathbf{H}_{\Lambda} | \Psi_{\alpha}^{0} \rangle = \int \langle \Psi_{y} | \mathbf{H}_{\Lambda} | \Psi_{y} \rangle \, dy - L^{-2} \| \nabla \eta \|^{2}
$$
  
\n
$$
\geq \int_{S} Z_{y}^{2} dy (E_{\alpha, \Lambda} (\alpha^{2} \rho) + (1 + \| \nabla \eta \|^{2}) \alpha^{-2(1+\sigma)})
$$
  
\n
$$
+ (1 - \int_{S} Z_{y}^{2} dy) E_{\alpha} - L^{-2} \| \nabla \eta \|^{2},
$$

where we have used  $\langle \Psi_y | \mathbf{H}_{\Lambda} | \Psi_y \rangle \geq E_\alpha$  for  $y \notin S$  and  $\int Z_y^2 dy = 1$ . Using Eq. (3.1) and  $L^{-2} = \alpha^{-2(1+\sigma)}$  therefore yields

$$
(E_{\alpha,\Lambda}(\alpha^2 \beta) - E_{\alpha} + (1 + \|\nabla \eta\|^2) \alpha^{-2(1+\sigma)}) \int_S Z_y^2 dy
$$
  

$$
\leq E_{\alpha,\Lambda}(\alpha^2 \beta) - E_{\alpha} + \left(\frac{1}{2} + \|\nabla \eta\|^2\right) \alpha^{-2(1+\sigma)},
$$

<span id="page-11-0"></span>and consequently  $\int_{S} Z_{y}^{2} dy \leq 1 - \gamma_{\alpha}$  with  $\gamma_{\alpha} := \frac{1}{2}$  $\frac{\alpha^{-2(1+\sigma)}}{\mathrm{E}_{\alpha,\Lambda}(\alpha^2 p) - \mathrm{E}_{\alpha} + (1 + \|\nabla \eta\|^2) \alpha^{-2(1+\sigma)}}$ . Let us further define S' ⊂  $\mathbb{R}^3$  as the set of all *y* satisfying

$$
\left\langle \Psi_{y} \right| (\Upsilon_{\Lambda} - p)^{2} \left| \Psi_{y} \right\rangle > Z_{y}^{2} \frac{2c}{\gamma_{\alpha}} \alpha^{-4}.
$$

Clearly we have, using Eq. [\(3.2](#page-10-0)),

$$
\frac{2c}{\gamma_{\alpha}}\alpha^{-4}\int_{S'} Z_{y}^{2} dy \leq \int \left\langle \Psi_{y} \right| (\Upsilon_{\Lambda} - \rho)^{2} \left| \Psi_{y} \right\rangle dy = \left\langle \Psi_{\alpha}^{0} \right| (\Upsilon_{\Lambda} - \rho)^{2} \left| \Psi_{\alpha}^{0} \right\rangle \leq c\alpha^{-4},
$$

and hence  $\int_{S'} Z_y^2 dy \leq \frac{\gamma_{\alpha}}{2}$ . Consequently

$$
\int_{S \cup S'} Z_y^2 dy \le \int_S Z_y^2 dy + \int_{S'} Z_y^2 dy \le 1 - \frac{\gamma_\alpha}{2} < 1.
$$

Since  $\int Z_y^2 dy = 1$ , this means in particular that there exists a  $y \notin S \cup S'$  with  $Z_y > 0$ , i.e.  $\Psi_{\alpha}^{\bullet} := Z_{\mathcal{I}}^{-1} \Psi_{\mathcal{I}}$  satisfies

$$
\langle \Psi_{\alpha}^{\bullet} | \mathbf{H}_{\Lambda} | \Psi_{\alpha}^{\bullet} \rangle \leq E_{\alpha,\Lambda} (\alpha^2 \rho) + (1 + \| \nabla \eta \|^2) \alpha^{-2(1+\sigma)},
$$
  

$$
\langle \Psi_{\alpha}^{\bullet} | (\Upsilon_{\Lambda} - \rho)^2 | \Psi_{\alpha}^{\bullet} \rangle \leq \frac{2c}{\gamma_{\alpha}} \alpha^{-4} \lesssim \alpha^{2\sigma - 4},
$$

where we have used  $E_{\alpha,\Lambda}(\alpha^2p)-E_\alpha\lesssim |p|^2\lesssim \alpha^{-2}$  in the last estimate. Moreover, we clearly have supp $(\Psi_{\alpha}^{\bullet}) \subseteq B_{L}(y)$ . By the translation invariance of  $\mathbf{H}_{\Lambda}$  and  $\Upsilon_{\Lambda}$ , we can assume w.l.o.g. that  $y = 0$ , which concludes the proof.  $\Box$ 

In the following Lemmas [3.2](#page-12-0) and [3.4](#page-15-0), we will use localization methods in order to construct approximate *p* ground states with useful additional properties, which we will use in Lemma [3.6](#page-17-0), together with an additional localization procedure, in order to show the existence of approximate *p* ground states satisfying complete condensation. In Theorem [3.7](#page-21-0) we will then apply a final localization step in order to obtain complete condensation in a stronger sense, following the argument in [\[8\]](#page-38-0).

In order to formulate our various localization results, we follow [\[1](#page-38-0)] and define for a function  $F : \mathcal{M}(\mathbf{R}^3) \longrightarrow \mathbf{R}$ , where  $\mathcal{M}(\mathbf{R}^3)$  is the set of all finite (Borel) measures on **R**<sup>3</sup>, the operator  $\widehat{\mathbf{F}}$  on  $\mathcal{F}(L^2(\mathbf{R}^3)) = \bigoplus_{n=0}^{\infty} L^2_{sym}(\mathbf{R}^{3 \times n})$  as

(3.3) 
$$
\widehat{F} \bigoplus_{n=0}^{\infty} \Psi_n := \bigoplus_{n=0}^{\infty} \Psi_n^*
$$

with  $\Psi_n^*(x^1, ..., x^n) := \mathbf{F}^n(x^1, ..., x^n) \Psi_n(x^1, ..., x^n)$ , where

$$
(\mathbf{3.4}) \qquad \qquad F^n(x^1,\ldots,x^n) := F\left(\alpha^{-2}\sum_{k=1}^n \delta_{x^k}\right),
$$

<span id="page-12-0"></span>and  $\widehat{\mathbf{F}}_0 := \mathbf{F}(0)$ , i.e.  $\widehat{\mathbf{F}}$  acts component-wise on  $\bigoplus_{n=0}^{\infty} \mathbf{L}^2_{sym}(\mathbf{R}^{3 \times n})$  by multiplication with the real-valued function  $(x^1, \ldots, x^n) \mapsto F(\alpha^{-2} \sum_{k=1}^n \delta_{x^k})$ .

With this notation at hand, we define for given positive  $c_$ ,  $c_+$  and  $\epsilon'$  the function  $F_*(\rho) := \chi^{\epsilon'}(c_- + \epsilon' \leq \int d\rho \leq c_+ - \epsilon')$  and the states

(3.5) 
$$
\Psi'_{\alpha} := Z_{\alpha}^{-1} \widehat{F}_* \Psi_{\alpha}^{\bullet},
$$

with normalization constants  $Z_\alpha := ||\mathbf{F}_* \Psi_\alpha^{\bullet}||$ , where  $\Psi_\alpha^{\bullet}$  is the sequence constructed in<br>Lemma 3.1, Since  $\mathcal{N} - \widehat{G}$  with  $G(\alpha) := \int d\alpha$  it is clear that the states  $\Psi'_\alpha$  are localized Lemma [3.1.](#page-9-0) Since  $\mathcal{N} = \hat{G}$  with  $G(\rho) := \int d\rho$ , it is clear that the states  $\Psi'_\alpha$  are localized<br>to a region where the (scaled) number operator  $\mathcal{N}$  is between  $\epsilon$ , and  $\epsilon$ , i.e.  $\mathcal{N}(\epsilon \leq \mathcal{N} \leq \epsilon)$ to a region where the (scaled) number operator N is between  $c_-\$  and  $c_+$ , i.e.  $\chi(c_-\leq N\leq$  $c_+$ ) $\Psi'_\alpha = \Psi'_\alpha$ . The following Lemma 3.2 quantifies the energy and momentum error of this localization procedure. The subsequent results in Lemmas 3.2, [3.4](#page-15-0) and [3.6](#page-17-0) as well as Theorem [3.7](#page-21-0), which quantify the energy and momentum error of specific localization procedures, are generalizations of the corresponding results in [\[1](#page-38-0)], where only the energy cost of such localization procedures is discussed. In the following we will usually refer to the respective results in [\[1](#page-38-0)] when it comes to quantifying the energy error, and only discuss the localization error of the momentum operator *ϒ*.

*Lemma* **3.2.** — *Given*  $0 < \sigma < \frac{1}{4}$ *, let*  $\Lambda = \alpha^{\frac{4}{5}(1+\sigma)}$  *and*  $L = \alpha^{1+\sigma}$ *, and assume p satisfies*  $|p| \leq \frac{C}{\alpha}$  and  $\mathbb{E}_{\alpha,\Lambda}(\alpha^2 p) \leq \mathbb{E}_{\alpha} + C|p|^2$  for a given  $C > 0$ . Then there exist constants  $c_-, c_+$  and  $\epsilon'$ , *such that the states*  $\Psi'_\alpha$  *defined in Eq.* (3.5) satisfy

$$
\langle \Psi_{\alpha}^{\prime} | \mathbf{H}_{\Lambda} | \Psi_{\alpha}^{\prime} \rangle - \mathrm{E}_{\alpha, \Lambda} (\alpha^2 p) \lesssim \alpha^{-2(1+\sigma)},
$$
  

$$
\langle \Psi_{\alpha}^{\prime} | (\Upsilon_{\Lambda} - p)^2 | \Psi_{\alpha}^{\prime} \rangle \lesssim \alpha^{2\sigma - 4}.
$$

*Proof.* — By our assumptions we clearly have  $\widetilde{E}_{\alpha} - E_{\alpha} \leq \alpha^{-\frac{4}{29}}$  with  $\widetilde{E}_{\alpha} :=$  $\langle \Psi_{\alpha}^{\bullet} | \mathbf{H}_{\Lambda} | \Psi_{\alpha}^{\bullet} \rangle$ , and therefore we can apply [\[1](#page-38-0), Lemma 3.4], which tells us that we can choose  $c_-, c_+$  and  $\epsilon'$ , such that  $\langle \Psi_\alpha' | \mathbf{H}_\Lambda | \Psi_\alpha' \rangle - \mathbf{E}_{\alpha,\Lambda} (\alpha^2 \beta) \lesssim \alpha^{-2(1+\sigma)}$ , and furthermore  $Z_{\alpha} \longrightarrow 1$ . Since  $\widehat{F}_*$  commutes with  $\Upsilon_{\Lambda}$ , we obtain with  $\widetilde{\Psi}_{\alpha} := \sqrt{\frac{1-\widehat{F}_*^2}{1-Z_{\alpha}^2}} \Psi_{\alpha}^{\bullet}$  $Z_{\alpha}^{2} \left\langle \Psi_{\alpha}^{\prime} \right| (\Upsilon_{\Lambda} - \rho)^{2} \left| \Psi_{\alpha}^{\prime} \right\rangle + (1 - Z_{\alpha}^{2}) \left\langle \widetilde{\Psi}_{\alpha} \right| (\Upsilon_{\Lambda} - \rho)^{2} \left| \widetilde{\Psi}_{\alpha} \right\rangle$  $= \langle \Psi_{\alpha}^{\bullet} | (\Upsilon_{\Lambda} - \rho)^2 | \Psi_{\alpha}^{\bullet} \rangle$  $\Box$ 

Hence  $\langle \Psi_{\alpha} | (\Upsilon_{\Lambda} - \rho)^2 | \Psi_{\alpha} \rangle \leq Z_{\alpha}^{-2} \langle \Psi_{\alpha}^{\bullet} | (\Upsilon_{\Lambda} - \rho)^2 | \Psi_{\alpha}^{\bullet} \rangle \lesssim \alpha^{2\sigma - 4}.$ 

When it comes to localizations with respect to more complicated functions F compared to the one used in Eq. (3.5), we first need to introduce some tools in order to quantify the localization error of the momentum operator. Given a function  $F: \mathcal{M}(\mathbf{R}^3) \longrightarrow \mathbf{R}, \Omega \subseteq \mathcal{M}(\mathbf{R}^3)$  and  $\lambda > 0$ , let us define

$$
(\mathbf{3.6}) \qquad \qquad \|\mathrm{F}\|_{\Omega,\lambda}^2 := \sup_{1 \le n \le \lambda \alpha^2} \sup_{x \in \Omega_n} \left\| \left( \mathrm{F}^{n,\bar{x}} \right)' \right\|^2 = \sup_{1 \le n \le \lambda \alpha^2} \sup_{x \in \Omega_n} \int_{\mathbf{R}} \left| \frac{\mathrm{d}}{\mathrm{d}t} \mathrm{F}^n(t,\bar{x}) \right|^2 \mathrm{d}t,
$$

<span id="page-13-0"></span>where  $x = (x^1, \ldots, x^n) \in \mathbf{R}^{3 \times n}$  with  $x^k = (x_1^k, x_2^k, x_3^k)$  and  $\bar{x} := (x_2^1, x_3^1, x^2, \ldots, x^n) \in \mathbf{R}^{3 \times n-1}$ , i.e. we define  $\bar{x}$  such that  $x = (x_1^1, \bar{x})$ ,  $\Omega_n$  is the set of all *x* such that  $\alpha^{-2} \sum_{j=1}^n \delta_{x^j} \in \Omega$  and  $F^{n,y}: \mathbf{R} \longrightarrow \mathbf{R}$  is defined as  $F^{n,y}(t) := F^n(t,y)$  for  $y \in \mathbf{R}^{3 \times n-1}$ , where  $F^n$  is as in Eq. [\(3.4](#page-11-0)).

*Lemma* **3.3.** — *Given*  $\lambda > 0$ *, there exists a constant*  $T > 0$  *such that we have for all quadratic partitions of unity*  $\mathcal{P} = \{F_i : \mathcal{M}(\mathbf{R}^3) \longrightarrow \mathbf{R} : j \in J\}$ *, i.e. families of functions satisfying*  $0 \leq F_i \leq 1$  $\sum_{j\in J} F_j^2 = 1, \, \Lambda > 0, \, |p| \leq \Lambda, \, \Omega \subseteq \mathcal{M}(\mathbf{R}^3)$  and states  $\Psi$  satisfying  $\chi(\mathcal{N} \leq \lambda)\Psi = \Psi$  and  $\mathbf{1}_{\Omega}\Psi = \Psi$ 

$$
\left|\sum_{j\in\mathbb{J}}\langle\Psi_j\big|(\Upsilon_{\Lambda}-p)^2\big|\Psi_j\rangle-\langle\Psi\big|(\Upsilon_{\Lambda}-p)^2\big|\Psi\rangle\right|\leq\mathrm{TA}\sum_{j\in\mathbb{J}}\|F_j\|_{\Omega,\lambda}^2,
$$

*where we define*  $\Psi_i := \widehat{F}_i \Psi$  *with*  $\widehat{F}_i$  *being introduced in Eq. [\(3.3\)](#page-11-0).* 

*Proof. —* Using the IMS identity we can write

$$
\sum_{j\in J} \langle \Psi_j | (\Upsilon_{\Lambda} - \rho)^2 | \Psi_j \rangle - \langle \Psi | (\Upsilon_{\Lambda} - \rho)^2 | \Psi \rangle
$$
  
= 
$$
-\frac{1}{2} \sum_{j\in J} \langle \Psi | [ [(\Upsilon_{\Lambda} - \rho)^2, \widehat{F}_j], \widehat{F}_j] | \Psi \rangle.
$$

Hence it suffices to show that

$$
\pm \langle \Psi | \big[ \big[ (\Upsilon_{\Lambda} - \rho)^2, \widehat{F} \big], \widehat{F} \big] | \Psi \rangle \lesssim \Lambda \| F \|_{\Omega, \lambda}^2
$$

for any bounded  $\mathbf{F} : \mathcal{M}(\mathbf{R}^3) \longrightarrow \mathbf{R}$  and state satisfying  $\chi(\mathcal{N} \leq \lambda)\Psi = \Psi$  and  $\mathbf{1}_\Omega \Psi = \Psi$ . Let us start by estimating

$$
\pm \left[ \left[ (\Upsilon_{\Lambda} - p)^2, \widehat{F} \right], \widehat{F} \right] = \pm 2 [\Upsilon_{\Lambda}, \widehat{F}]^2 \pm \left\{ \Upsilon_{\Lambda} - p, \left[ [\Upsilon_{\Lambda}, \widehat{F}], \widehat{F} \right] \right\}
$$

$$
\leq -2 [\Upsilon_{\Lambda}, \widehat{F}]^2 + \frac{\|F\|_{\Omega, \lambda}^2}{\Lambda} (\Upsilon_{\Lambda} - p)^2
$$

$$
+ \frac{\Lambda}{\|F\|_{\Omega, \lambda}^2} \left[ [\Upsilon_{\Lambda}, \widehat{F}], \widehat{F} \right]^2,
$$

where  ${A, B} := AB + BA$ . By the definition of  $\Upsilon_{\Lambda}$  it is clear that

$$
\frac{\|\mathbf{F}\|_{\Omega,\lambda}^2}{\Lambda} (\Upsilon_{\Lambda} - p)^2 \lesssim \Lambda \|\mathbf{F}\|_{\Omega,\lambda}^2 (\mathcal{N} + 1)^2
$$

for  $|p| \leq \Lambda$ , and consequently  $\frac{1}{\Lambda}(\Psi \frac{\|\mathbf{F}\|_{\Omega,\lambda}^{2}}{\Lambda}(\Upsilon_{\Lambda} - p)^{2}|\Psi) \lesssim \Lambda \|\mathbf{F}\|_{\Omega,\lambda}^{2}$ . Using that  $\Psi$  is a function with values in  $\mathcal{F}_{\leq \lambda \alpha^2} (L^2(\mathbf{R}^3)) := \bigoplus_{n \leq \lambda \alpha^2} L^2_{sym}(\mathbf{R}^{3 \times n})$ , we are going to represent

it as  $\Psi = \bigoplus_{n \leq \lambda \alpha^2} \Psi_n$  where  $\Psi_n(z, x^1, \ldots, x^n)$  is a function of the electron variable *z* and the *n* phonon coordinates  $x^j \in \mathbf{R}^3$  satisfying  $\Psi_n(z, x^1, \dots, x^n) = 0$  for all  $(x^1, \dots, x^n) \notin \Omega_n$ . In order to simplify the notation, we will suppress the dependence on the electron variable *z*. We have

$$
[\Upsilon_{\Lambda},\widehat{F}]\Psi = \bigoplus_{1 \leq n \leq \lambda\alpha^2} \alpha^{-2} n \Psi_n^*
$$

with  $\Psi_n^* := \frac{1}{n} \sum_{j=1}^n [g(\frac{1}{i} \nabla_{x_j^j}), \mathbf{F}^n] \Psi_n$ , where  $g(k) := \chi^1(\Lambda^{-1}|k| \leq 2)k$  for  $k \in \mathbf{R}$ . Hence

$$
\langle \Psi | -[\Upsilon_{\Lambda}, \widehat{F}]^{2} | \Psi \rangle = \| [\Upsilon_{\Lambda}, \widehat{F}] \Psi \|^{2}
$$
  
= 
$$
\sum_{1 \leq n \leq \lambda \alpha^{2}} \alpha^{-4} n^{2} \| \Psi_{n}^{*} \|^{2} \leq \lambda^{2} \sum_{1 \leq n \leq \lambda \alpha^{2}} \| \Psi_{n}^{*} \|^{2},
$$

and  $\|\Psi_n^*\| \leq \frac{1}{n} \sum_{j=1}^n \| [g(\frac{1}{i}\nabla_{x_1^j}), \mathbf{F}^n]\Psi_n \| = \| [g(\frac{1}{i}\nabla_{x_1^1}), \mathbf{F}^n]\Psi_n \|$ , where we have used the permutation symmetry of  $\Psi_n$ . By Lemma [A.1](#page-35-0) we know that

$$
\begin{aligned} \left\| \left[ g \left( \frac{1}{i} \nabla_{x_1^1} \right), F^n \right] & \Psi_n \right\| & \leq \sup_{x \in \text{supp}(\Psi_n)} \left\| \left[ g \left( \frac{1}{i} \frac{d}{dt} \right), F^{n, \bar{x}} \right] \right\|_{\text{op}} \|\Psi_n\| \\ & \lesssim \sqrt{\Lambda} \sup_{x \in \Omega_n} \left\| \left( F^{n, \bar{x}} \right)' \right\| \|\Psi_n\|, \end{aligned}
$$

and therefore

$$
\left\langle \Psi \left| -[\Upsilon_{\Lambda}, \widehat{F}]^{2} \right| \Psi \right\rangle \leq \lambda^{2} \Lambda \sup_{1 \leq n \leq \lambda \alpha^{2}, x \in \Omega_{n}} \left\| \left( F^{n, \bar{x}} \right)' \right\|^{2} \sum_{n \leq \lambda \alpha^{2}} \|\Psi_{n}\|^{2} = \lambda^{2} \Lambda \|\mathrm{F}\|_{\Omega, \lambda}^{2}.
$$

In order to estimate the expectation value of  $[[\Upsilon_{\Lambda},\overline{F}],\overline{F}]^2$  we proceed similarly, by writing

$$
[(\Upsilon_{\Lambda}, \widehat{F}], \widehat{F}]\Psi = \bigoplus_{n \leq \lambda \alpha^2} \alpha^{-2} n \widetilde{\Psi}_n
$$

with  $\widetilde{\Psi}_n = \frac{1}{n} \sum_{j=1}^n [[g(\frac{1}{i}\nabla_{x_j^j}), \mathbf{F}^n], \mathbf{F}^n] \Psi_n$ , and estimating

$$
\langle \Psi | [[\Upsilon_{\Lambda}, \widehat{F}], \widehat{F}]^{2} | \Psi \rangle \leq \lambda^{2} \sum_{n \leq \lambda \alpha^{2}} || \widetilde{\Psi}_{n} ||^{2}
$$

as well as

$$
\|\widetilde{\Psi}_n\| \le \sup_{x \in \text{supp}(\Psi_n)} \left\| \left[ \left[ g\left( \frac{1}{i} \frac{d}{dt} \right), F^{n, \bar{x}} \right], F^{n, \bar{x}} \right] \right\|_{\text{op}} \|\Psi_n\| \le \sup_{x \in \Omega_n} \left\| \left( F^{n, \bar{x}} \right)' \right\|^2 \|\Psi_n\|,
$$

where we have again applied Lemma [A.1.](#page-35-0) This concludes the proof.  $\Box$ 

With the subsequent localization step in Eq. (3.7), we want to restrict the state  $\Psi'_\alpha$ to phonon density configurations  $\rho$  which have a sharp concentration of their mass. To be precise, for given R and  $\epsilon, \delta > 0$ , let us define

(3.7)  
\n
$$
K_{R}(\rho) := \iint \chi^{\epsilon} (R - \epsilon \le |x - y|) d\rho(x) d\rho(y),
$$
\n
$$
F_{R}(\rho) := \chi^{\frac{\delta}{3}} \bigg( K_{R}(\rho) \le \frac{2\delta}{3} \bigg),
$$
\n
$$
\Psi''_{\alpha} := Z_{R,\alpha}^{-1} \widehat{F}_{R} \Psi'_{\alpha},
$$

where  $\Psi'_\alpha$  is as in Lemma [3.2](#page-12-0) and  $Z_{R,\alpha} := \|\widehat{F}_R\Psi'_\alpha\|$ . Clearly  $\mathbf{1}_\Omega\Psi''_\alpha = \Psi''_\alpha$  where  $\Omega$  is the set of all a satisfying  $\int_{\mathcal{A}} d\rho(x) d\rho(x) \leq \delta$ . In the following Lemma 3.4 we are going set of all  $\rho$  satisfying  $\iint_{|x-y|\geq R} d\rho(x) d\rho(y) \leq \delta$ . In the following Lemma 3.4 we are going to quantify the energy and momentum cost of this localization procedure.

*Lemma* **3.4.** — *Given*  $0 < \sigma < \frac{1}{4}$ , let  $\Lambda = \alpha^{\frac{4}{5}(1+\sigma)}$  and  $L := \alpha^{1+\sigma}$ , and assume p satisfies  $|p| \leq \frac{C}{\alpha}$  and  $E_{\alpha,\Lambda}(\alpha^2 p) \leq E_{\alpha} + C|p|^2$  *for a given*  $C > 0$ *. Then for any*  $\epsilon, \delta > 0$ *, there exists a constant*  $R > 0$ *, such that the states*  $\Psi''_{\alpha}$  *defined in Eq.* (3.7) satisfy

$$
\langle \Psi''_{\alpha} | \mathbf{H}_{\Lambda} | \Psi''_{\alpha} \rangle - \mathbf{E}_{\alpha, \Lambda} (\alpha^2 \beta) \lesssim \alpha^{-2(1+\sigma)},
$$
  

$$
\langle \Psi''_{\alpha} | (\Upsilon_{\Lambda} - \beta)^2 | \Psi''_{\alpha} \rangle \lesssim \alpha^{\frac{4}{5}\sigma - \frac{16}{5}}.
$$

*Proof.* — By the results in [\[1,](#page-38-0) Lemma 3.5], there exists a constant  $R > 0$  such that  $\langle \Psi''_{\alpha} | \mathbf{H}_{\Lambda} | \Psi''_{\alpha} \rangle - \mathbb{E}_{\alpha, \Lambda} (\alpha^2 p) \lesssim \alpha^{-2(\bar{1}+\sigma)}$  and  $Z_{\mathrm{R}, \alpha} \longrightarrow 1$ . Applying Lemma [3.3](#page-13-0) yields

(3.8) 
$$
\begin{aligned} (\widehat{\mathbf{F}}_{\mathrm{R}} \Psi_{\alpha}^{\prime} \big| (\Upsilon_{\Lambda} - \rho)^{2} \big| \widehat{\mathbf{F}}_{\mathrm{R}} \Psi_{\alpha}^{\prime} \big| + \langle \widehat{\mathbf{G}}_{\mathrm{R}} \Psi_{\alpha}^{\prime} \big| (\Upsilon_{\Lambda} - \rho)^{2} \big| \widehat{\mathbf{G}}_{\mathrm{R}} \Psi_{\alpha}^{\prime} \rangle \\ &\lesssim \alpha^{2\sigma - 4} + \alpha^{\frac{4}{5}(1+\sigma)} \big( \| \mathbf{F}_{\mathrm{R}} \|_{\mathcal{M}(\mathbf{R}^{3}), \epsilon_{+}}^{2} + \| \mathbf{G}_{\mathrm{R}} \|_{\mathcal{M}(\mathbf{R}^{3}), \epsilon_{+}}^{2} \big) \end{aligned}
$$

with  $G_R := \sqrt{1 - F_R^2}$ , where we used  $\langle \Psi_\alpha' | (\Upsilon_\Lambda - \rho)^2 | \Psi_\alpha' \rangle \lesssim \alpha^{2\sigma - 4}$  and  $\chi(\mathcal{N} \leq \epsilon_+) \Psi_\alpha' =$  $\Psi'_{\alpha}$ . In order to estimate  $\|\mathbf{F}_R\|_{\mathcal{M}(\mathbf{R}^3), c_+}$ , let us define the functions  $g(s) := \chi^{\frac{\delta}{3}}(s \leq \frac{2\delta}{3})$  and  $\Psi_{\alpha}$ . In order to estimate  $\|\Gamma \mathbb{R} \|\mathcal{M}(\mathbb{R}^3), \epsilon_+$ , let us define the functions  $g(s) := \chi^s(s)$ .<br>  $h(s) := \chi^{\epsilon}(\mathbb{R} - \epsilon \leq \sqrt{s})$ . Then  $F_{\mathbb{R}}^n(x) = g(\alpha^{-4} \sum_{i,j=1}^n h(|x^i - x^j|^2))$  and therefore

$$
F_{R}^{n,y}(t) = g\left(\alpha^{-4} \sum_{i=2}^{n} h((t - y_1^j)^2 + \delta_y^i) + \mu_y\right)
$$

with  $\delta^i_y := (y_2^1 - y_2^i)^2 + (y_3^1 - y_3^i)^2$  and  $\mu_y := \alpha^{-4} \sum_{i,j=2}^n h(|y^i - y^j|^2)$ . Hence

$$
\|(\mathbf{F}_{\mathbf{R}}^{n,y})'\| \le 4\alpha^{-4} \|g'\|_{\infty} \sum_{i=2}^{n} \sqrt{\int_{\mathbf{R}} |t|^2 |h'(t^2 + \delta_y^i)|^2 dt}
$$
  

$$
\le 4\alpha^{-4} \|g'\|_{\infty} (n-1) \|h'\|_{\infty} \sqrt{\frac{2\mathbf{R}^3}{3}},
$$

<span id="page-15-0"></span>

<span id="page-16-0"></span>where we have used  $\text{supp}(h') \subseteq [0, R^2)$  in the second inequality. Consequently

$$
\|F_R\|_{\mathcal{M}(\mathbf{R}^3),c_+} = \sup_{1 \leq n \leq c_+\alpha^2} \sup_{x \in \mathbf{R}^{3 \times n}} \left\| \left( F_R^{n,\bar{x}} \right)' \right\| \lesssim \alpha^{-2}.
$$

Similarly we have  $\|G_R\|_{\mathcal{M}(R^3), c_+} \lesssim \alpha^{-2}$ . In combination with Eq. [\(3.8](#page-15-0)) we obtain

$$
\langle \Psi''_{\alpha} | (\Upsilon_{\Lambda} - \rho)^2 | \Psi''_{\alpha} \rangle
$$
  
\$\lesssim Z\_{R,\alpha}^{-2} (\alpha^{2\sigma - 4} + \alpha^{\frac{4}{5}(1+\sigma)} (\|F\_R\|\_{\mathcal{M}(R^3),\epsilon\_+}^2 + \|G\_R\|\_{\mathcal{M}(R^3),\epsilon\_+}^2))\$  
\$\lesssim \alpha^{\frac{4}{5}\sigma - \frac{16}{5}. \$\square\$

Before we come to our next localization step in Lemma [3.6,](#page-17-0) we need to define the regularized median of a measure  $v \in \mathcal{M}(\mathbf{R})$ , see also [\[1](#page-38-0), Definition 3.8], and derive a useful estimate for it in the subsequent Lemma 3.5. In the following let  $x^k(v) := \sup\{t:$  $\int_{-\infty}^{t} d\nu \leq \kappa \int d\nu$ } denote the *κ*-quantile, where we use the convention that boundaries are included in the domain of integration  $\int_a^b f d\nu := \int_{[a,b]} f d\nu$ , and let us define for  $0 < q < \frac{1}{2}$ and  $\nu \neq 0$ 

$$
m_q(\nu) := \frac{1}{\int_{\mathrm{K}_q(\nu)} d\nu} \int_{\mathrm{K}_q(\nu)} h \, \mathrm{d}\nu(h),
$$

where  $K_q(\nu) := [x^{\frac{1}{2}-q}(\nu), x^{\frac{1}{2}+q}(\nu)]$ , and  $m_q(0) := 0$ . Furthermore we will denote the marginal measures of  $\rho \in \mathcal{M}(\mathbf{R}^3)$  as  $\rho_i$ , i.e.  $\rho_i(A) := \rho([x_i \in A])$ , where  $A \subseteq \mathbf{R}$  is measurable and  $i \in \{1, 2, 3\}$ .

*Lemma* **3.5.** — *Let us define*  $\Omega_{\text{reg}}$  *as the set of all*  $\rho \in \mathcal{M}(\mathbf{R}^3)$  *satisfying*  $\int_{x_i=t} d\rho(x) \le$  $\alpha^{-2}$  *for*  $t \in \mathbf{R}$  *and*  $i \in \{1, 2, 3\}$ *, and*  $\Omega$  *as the set of all*  $\rho \in \Omega_{reg}$  *satisfying*  $c \leq \int d\rho$  *and*  $\iint_{|x-y|\geq R} d\rho(x) d\rho(y) \leq \delta$  for given  $R$ *, c, δ* > 0*. Furthermore let q be a constant satisfying*  $q+\frac{\alpha^{-2}}{c} \leq$  $\frac{1}{2} - \frac{\delta}{c^2}$ . Then we have for any  $n \ge 1$  and function of the form  $F(\rho) = f(m_q(\rho_1))$  the estimate

$$
\mathbf{(3.10)} \qquad \qquad \sup\nolimits_{x \in \Omega_n} \left\| \left( F^{n,\bar{x}} \right)' \right\| \leq \alpha^{-2} \frac{\| f' \|_\infty}{2q\epsilon} \sqrt{2R},
$$

*where*  $m_q$  *is defined in Eq. (3.9) and*  $\Omega_n$  *below Eq. [\(3.6\)](#page-12-0).* 

*Proof.* — Given  $x \in \Omega_n$ , let us define  $v_t := \alpha^{-2}(\delta_t + \sum_{j=2}^n \delta_{x_j^j})$ , which allows us to rewrite  $F^{n,\bar{x}}(t) = f(m_q(v_t))$ . Let us first compute the derivative  $\frac{d}{dt}m_q(v_t)$  for  $t \in$  $\mathbf{R} \setminus \{x_1^2, \ldots, x_1^n\}$ . For such *t*, there clearly exists an  $\epsilon > 0$  such that  $(t - \epsilon, t + \epsilon) \subset$  $\mathbf{R} \setminus \{x_1^2, \ldots, x_1^n\}$ . It will be useful in the following that the set  $Y := \{x_1^2, \ldots, x_1^n\} \cap K_q(\nu_s)$ is independent of *s* ∈ (*t* −  $\epsilon$ , *t* +  $\epsilon$ ), with K<sub>*q*</sub>(*v*) being defined below Eq. (3.9). Furthermore we have for  $s \in (t - \epsilon, t + \epsilon)$  that  $s \in K_q(s)$  if and only if  $t \in K_q(t)$ . Therefore  $\alpha^2 \int_{K_q(v_s)} h \, dv_s(h) = \sum_{h \in Y} h + s \mathbf{1}_{K_q(s)}(s) = \sum_{h \in Y} h + s \mathbf{1}_{K_q(t)}(t)$  and  $\alpha^2 \int_{K_q(v_s)} dv_s =$  <span id="page-17-0"></span> $|Y| + \mathbf{1}_{K_q(s)}(s) = \alpha^2 \int_{K_q(v_t)} dv_t$  for  $s \in (t - \epsilon, t + \epsilon)$ , and consequently we obtain for  $t \in \mathbf{R} \setminus \{x_1^2, \ldots, x_1^n\}$ 

$$
\frac{\mathrm{d}}{\mathrm{d}t}m_q(\nu_t) = \alpha^{-2} \frac{\mathrm{d}}{\mathrm{d}s}\Big|_{s=t} \frac{\sum_{h \in Y} h + s \mathbf{1}_{K_q(t)}(t)}{\int_{K_q(\nu_t)} \mathrm{d}\nu_t} = \alpha^{-2} \frac{\mathbf{1}_{K_q(t)}(t)}{\int_{K_q(\nu_t)} \mathrm{d}\nu_t}.
$$

Note that due to our assumption  $\rho \in \Omega_{\text{reg}}, m_q(\nu_t)$  can be continuously extended from **R** \  $\{x_1^2, \ldots, x_1^n\}$  to all of **R**, and therefore  $\frac{d}{dt}m_q(\nu_t) = \alpha^{-2} \frac{\mathbf{1}_{K_q(i)}(t)}{\int_{K_q(\nu_t)} d\nu_t}$  in the sense of distributions. Since  $\int_{K_q(v_i)} dv_i \geq 2qc$  we conclude  $|(F^{n,\bar{x}})'(t)| \leq \alpha^{-2} \frac{||f'||_{\infty}}{2qc}$  $\frac{1}{2q_c} \mathbf{1}_{K_q(t)}(t)$  for almost every *t*. In order to obtain from this the upper bound on the  $L^2(\mathbf{R})$ -norm in Eq. [\(3.10\)](#page-16-0), we are going to verify that the support of  $t \mapsto \mathbf{1}_{K_q(t)}(t)$  is contained in an interval of the form  $(ξ - R, ξ + R)$  for a suitable  $ξ ∈ \mathbf{R}$ . Let us start by verifying that

$$
(3.11) \t x^{k}(\nu_{t_1}) \geq x^{k-\frac{\alpha^{-2}}{\epsilon}}(\nu_{t_2})
$$

for  $0 < \kappa < 1$  and  $t_1, t_2 \in \mathbf{R}$ . Note that any  $\gamma \in \mathbf{R}$  satisfying the inequality  $\int_{-\infty}^{\gamma} d\nu_{t_2} \leq$  $(\kappa - \frac{\alpha^{-2}}{c}) \int d\nu_{t_2}$ , also satisfies

$$
\int_{-\infty}^{y} \mathrm{d}\nu_{t_1} \leq \alpha^{-2} + \int_{-\infty}^{y} \mathrm{d}\nu_{t_2} \leq \alpha^{-2} + \left(\kappa - \frac{\alpha^{-2}}{\epsilon}\right) \int \mathrm{d}\nu_{t_2}
$$

$$
\leq \kappa \int \mathrm{d}\nu_{t_2} = \kappa \int \mathrm{d}\nu_{t_1},
$$

where we have used  $\alpha^{-2} \leq \frac{\alpha^{-2}}{c} \int dv_{k_2}$ , and therefore  $y \leq x^k(v_{t_1})$ . Using that  $x^{k-\frac{\alpha^{-2}}{c}}(v_{t_2})$ is the supremum over all such  $y$ , we conclude with the desired Eq.  $(3.11)$ . Furthermore observe that  $v_{t_0} = \rho_1$  with  $t_0 := x_1^1$  and  $\rho := \alpha^{-2} \sum_{j=1}^n \delta_{x^j} \in \Omega$ , and therefore we know by [\[1,](#page-38-0) Lemma 3.9] that there exists a  $\xi \in \mathbf{R}$  such that  $\xi - \mathbf{R} \leq x^{\frac{1}{2} - q'}(\nu_{t_0}) \leq x^{\frac{1}{2} + q'}(\nu_{t_0}) \leq \xi + \mathbf{R}$ for  $q' \leq \frac{1}{2} - \frac{\delta}{c^2}$ . By our assumptions,  $q' := q + \frac{\alpha^{-2}}{c}$  satisfies this condition, and therefore we obtain using Eq.  $(3.11)$  with  $t_1 := t$ ,  $t_2 := t_0$  and  $\kappa := \frac{1}{2} - q$ , respectively  $t_1 := t_0$ ,  $t_2 := t_0$ and  $\kappa := \frac{1}{2} + q + \frac{\alpha^{-2}}{c}$ , that

$$
\xi - R \le x^{\frac{1}{2} - q}(\nu_t) \le x^{\frac{1}{2} + q}(\nu_t) \le \xi + R
$$

for all *t* ∈ **R**, and consequently  $\mathbf{1}_{K_q(t)}(t) = 0$  for  $|t - \xi| > R$ .  $\Box$ 

*Lemma* **3.6.** — *Given*  $0 < \sigma < \frac{1}{9}$  *and*  $C > 0$ *, let*  $\Lambda = \alpha^{\frac{4}{5}(1+\sigma)}$  *and*  $L = \alpha^{1+\sigma}$ *, and assume p* satisfies  $|p| \leq \frac{C}{\alpha}$  and  $\mathbb{E}_{\alpha,\Lambda}(\alpha^2 p) \leq \mathbb{E}_{\alpha} + C|p|^2$  for a given  $C > 0$ . Then there exist r', c<sub>+</sub> > 0 and *states*  $\Psi'''_{\alpha}$  *with* 

$$
\langle \Psi_{\alpha}'''|\mathbf{H}_{\Lambda}|\Psi_{\alpha}'''\rangle - E_{\alpha,\Lambda}(\alpha^2 p) \lesssim \alpha^{-(2+r')},
$$

$$
\left\langle \Psi'''_{\alpha}\right| (\Upsilon_{\Lambda}-p)^2 \left| \Psi'''_{\alpha}\right\rangle \lesssim \alpha^{-(2+r')},
$$

<span id="page-18-0"></span>*as well as*  $\text{supp}(\Psi''_a) \subseteq B_{4L}(0)$  *and*  $\chi(\mathcal{N} \leq c_+) \Psi'''_a = \Psi'''_a$ , such that

$$
\mathbf{(3.12)} \qquad \qquad \left\langle \Psi_{\alpha}^{\prime\prime} \middle| W_{\varphi^{\mathrm{Pek}}}^{-1} \mathcal{N} W_{\varphi^{\mathrm{Pek}}} \middle| \Psi_{\alpha}^{\prime\prime} \right\rangle \lesssim \alpha^{-r'},
$$

*where* W*ϕ*Pek *is the Weyl operator corresponding to the Pekar minimizer ϕ*Pek*, characterized by*  $W_{\varphi}^{-1}$ <sup>2</sup> $\phi$  $W_{\varphi}^{-1}$ <sub> $\varphi$ </sub> $P_{\varphi}$ <sub> $\psi$ </sub> = *a*(*f*) −  $\langle f | \varphi^{Pek} \rangle$ *for all* $f \in L^2(\mathbf{R}^3)$ *.* 

*Proof.* — For  $u > 0$ , let us define the functions  $f_{\ell}(y) := \chi^{\frac{1}{2}}(\ell - \frac{1}{2} < \alpha^{u}y \leq \ell + \frac{1}{2})$  for  $\ell \in \mathbb{Z}$  satisfying  $|\ell| \leq \frac{3}{2}\alpha^u L$ , as well as  $f_{-\infty}(y) := \chi^{\frac{1}{2}}(\alpha^u y \leq -\lfloor \frac{3}{2}\alpha^u L \rfloor - \frac{1}{2})$  and  $f_{\infty}(\rho) :=$  $\chi^{\frac{1}{2}}(\lfloor \frac{3}{2}\alpha^{u}\rfloor + \frac{1}{2} < \alpha^{u}y)$ . With these functions at hand we define for  $i \in \{1, 2, 3\}$  and  $v > 0$ the partitions  $\mathcal{P}_i := \{F_{\ell,i} : \ell \in A\}$ , where

$$
F_{\ell,i}(\rho) := f_{\ell}(m_{\alpha^{-\nu}}(\rho_i)),
$$
  
\n
$$
A := \left\{ -\infty, -\left\lfloor \frac{3}{2} \alpha^{\nu} L \right\rfloor, -\left\lfloor \frac{3}{2} \alpha^{\nu} L \right\rfloor + 1, \dots, \left\lfloor \frac{3}{2} \alpha^{\nu} L \right\rfloor, \infty \right\}
$$
  
\n
$$
\subseteq \mathbf{Z} \cup \{-\infty, \infty\},
$$

as well as  $\mathcal{P} := \{F_z : z \in A^3\}$  with  $F_z := F_{z_3,3}F_{z_2,2}F_{z_1,1}$ . In the following let  $\Psi''_\alpha$  be as in Lemma [3.4](#page-15-0) with  $\delta < \frac{c_1^2}{2}$  and let  $\Omega_{reg}$  and  $\Omega$  be the sets from Lemma [3.5](#page-16-0) with  $\delta$  and R as in Lemma [3.4,](#page-15-0)  $q := \alpha^{-\nu}$  and  $c := c_-\$ . Due to the straightforward result [\[1](#page-38-0), Lemma 3.6] we have  $\mathbf{1}_{\Omega_{reg}} \Psi''_a = \Psi''_a$ , and by the definition of  $\Psi''_a$  in Eq. [\(3.7\)](#page-15-0) it is clear that we furthermore have  $\hat{\mathbf{1}}_{\Omega} \Psi''_{\alpha} = \Psi''_{\alpha}$ . Therefore we can apply Lemma [3.3](#page-13-0) together with Eq. [\(3.10](#page-16-0)) in order to obtain

$$
\sum_{z_1 \in A} \langle \widehat{F}_{z_1,1} \Psi_{\alpha}'' | (\Upsilon_{\Lambda} - \rho)^2 | \widehat{F}_{z_1,1} \Psi_{\alpha}'' \rangle
$$
  
\n
$$
\leq \langle \Psi_{\alpha}'' | (\Upsilon_{\Lambda} - \rho)^2 | \Psi_{\alpha}'' \rangle + \Gamma \alpha^{\frac{4}{5}(1+\sigma)} \sum_{z_1 \in A} \alpha^{-4} \frac{\| f_{z_1}'' \|_{\infty}^2}{2 \alpha^{-2 \nu} c_{-}^2} R
$$
  
\n
$$
\lesssim \alpha^{\frac{4}{5}\sigma - \frac{16}{5}} + \alpha^{\frac{4}{5}\sigma - \frac{16}{5} + 2\nu} \sup_{z_1 \in A} \| f_{z_1}'' \|_{\infty}^2 \sum_{z_1 \in A} 1 \lesssim \alpha^{\frac{9}{5}\sigma + 2\nu + 3\nu - \frac{1}{5}} \alpha^{-2}
$$

for all  $\alpha$  large enough such that  $\alpha^{-\nu} + \frac{\alpha^{-2}}{\epsilon_-} < \frac{1}{2} - \frac{\delta}{\epsilon_-^2}$ , where we have used  $\sup_{z_1 \in A} \|f_{z_1}\| \lesssim$  $\alpha^u$ , as well as  $\sum_{z_1 \in \Lambda} 1 \leq 3(\alpha^u L + 1) \leq \alpha^{u+1+\sigma}$ . Since the functions  $F_{\ell,i}^n$  are independent of  $x_1^1$  for  $i \in \{2, 3\}$ , we furthermore obtain

$$
\begin{split} \langle \widehat{\mathbf{F}}_{z_1,1} \Psi_\alpha'' | (\Upsilon_\Lambda - \rho)^2 | \widehat{\mathbf{F}}_{z_1,1} \Psi_\alpha'' \rangle \\ &= \sum_{z_2, z_3 \in \Lambda} \langle \widehat{\mathbf{F}}_{z_3,3} \widehat{\mathbf{F}}_{z_2,2} \widehat{\mathbf{F}}_{z_1,1} \Psi_\alpha'' | (\Upsilon_\Lambda - \rho)^2 | \widehat{\mathbf{F}}_{z_3,3} \widehat{\mathbf{F}}_{z_2,2} \widehat{\mathbf{F}}_{z_1,1} \Psi_\alpha'' \rangle \end{split}
$$

and therefore

$$
\textbf{(3.13)} \qquad \sum_{z \in A^3} Z_z^2 \, \langle \Psi_z | (\Upsilon_\Lambda - p)^2 | \Psi_z \rangle \lesssim \alpha^{\frac{9}{5}\sigma + 2\nu + 3\nu - \frac{1}{5}} \alpha^{-2}
$$

with  $\Psi_z := Z_z^{-1} \mathbf{F}_z \Psi''_a$  and  $Z_z := ||\mathbf{F}_z \Psi''_a||$ .

Regarding the localization error of the energy, we obtain by [\[1](#page-38-0), Lemma 3.3] and [\[1,](#page-38-0) Lemma 3.10] (see also the proof of  $[1, Eq. (3.22)]$ ) that

(3.14) 
$$
\sum_{z \in A^3} Z_z^2 \langle \Psi_z | \mathbf{H}_{\Lambda} | \Psi_z \rangle \le \langle \Psi_{\alpha}'' | \mathbf{H}_{\Lambda} | \Psi_{\alpha}'' \rangle + O_{\alpha \to \infty} (\alpha^{-3})
$$

$$
\le E_{\alpha, \Lambda} (\alpha^2 p) + C \alpha^{-2(1+\sigma)}
$$

for a suitable constant  $C > 0$ , as long as  $u + v \leq \frac{1}{2}$ . In the following, let S be the set of all  $z \in A^3$  such that

$$
\langle \Psi_z | \mathbf{H}_{\Lambda} | \Psi_z \rangle > E_{\alpha, \Lambda} (\alpha^2 p) + \alpha^{-(2+\epsilon)}
$$

for a given  $\epsilon > 0$ , and define  $M := \sum_{z \in S} Z_z^2$ . By Eq. (3.14), we have

$$
M(E_{\alpha,\Lambda}(\alpha^2 p) + \alpha^{-(2+\epsilon)}) + (1-M)E_{\alpha} \leq E_{\alpha,\Lambda}(\alpha^2 p) + C\alpha^{-2(1+\sigma)},
$$

and therefore  $1 - M \ge \frac{\alpha^{-(2+\epsilon)} - C\alpha^{-2(1+\sigma)}}{E_{\alpha,\Lambda}(\alpha^2 \rho) - E_{\alpha} + \alpha^{-(2+\epsilon)}} \ge C_1 \alpha^{-\epsilon}$  for  $\epsilon < 2\sigma$ ,  $\alpha$  large enough and a suitable constant C<sub>1</sub>, where we have used the assumption  $E_{\alpha,\Lambda}(\alpha^2 p) - E_{\alpha} \lesssim |p|^2 \lesssim \alpha^{-2}$ . Moreover, let us define S' as the set containing all  $z \in A^3$ , such that

$$
\langle \Psi_z | (\Upsilon_\Lambda - \rho)^2 | \Psi_z \rangle > \alpha^{\frac{1}{2}(\frac{9}{5}\sigma + 2v + 3u - \frac{1}{5})} \alpha^{-2}
$$

and  $M' := \sum_{z \in S'} Z_z^2$ . By Eq. (3.13) we see that  $M' \leq C_2 \alpha^{\frac{1}{2}(\frac{9}{5}\sigma + 2\nu + 3\nu - \frac{1}{5})}$  for a suitable constant  $C_2$ . Consequently

$$
\sum_{z \notin \text{SUS}'} Z_z^2 \ge 1 - \text{M} - \text{M}' \ge C_1 \alpha^{-\epsilon} - C_2 \alpha^{\frac{1}{2}(\frac{9}{5}\sigma + 2v + 3u - \frac{1}{5})}
$$

for  $\alpha$  large enough. Since  $\sigma < \frac{1}{9}$ , we can take *u*, *v* and  $\epsilon$  small enough, such that  $2\epsilon$  +  $\frac{9}{5}\sigma + 2v + 3u < \frac{1}{5}$ , and consequently  $\sum_{z \notin S \cup S'} Z_z^2 > 0$  for  $\alpha$  large enough, which implies the existence of a  $z^* \notin S \cup S'$  with  $Z_{z^*} > 0$ , i.e.

$$
\langle \Psi_{z^*} | \mathbf{H}_{\Lambda} | \Psi_{z^*} \rangle \leq E_{\alpha, \Lambda} (\alpha^2 \beta) + \alpha^{-(2+\epsilon)},
$$
  

$$
\langle \Psi_{z^*} | (\Upsilon_{\Lambda} - \beta)^2 | \Psi_{z^*} \rangle \leq \alpha^{\frac{1}{2}(\frac{9}{5}\sigma + 2\nu + 3u - \frac{1}{5}) - 2}.
$$

In order to rule out that one of the components  $z_i^*$  is infinite, let us verify that  $\langle \Psi_z | \mathbf{H}_\Lambda | \Psi_z \rangle > E_{\alpha, \Lambda} (\alpha^2 p) + \alpha^{-(2+\epsilon)}$  for  $\alpha$  large enough in case there exists an

 $i \in \{1, 2, 3\}$  with  $z_i = \pm \infty$ . Note that  $\rho \in \text{supp}(F_{-\infty,i})$  implies  $m_{\alpha^{-\nu}}(\rho_i) < -\frac{3}{2}L$  and therefore  $\int_{|x|>\frac{3}{2}L} d\rho \ge \int_{-\infty}^{-\frac{3}{2}L} d\rho_i \ge \int_{-\infty}^{\frac{m_{\alpha}-v}{2}(\rho_i)} d\rho_i \ge (\frac{1}{2} - \alpha^{-v}) \int d\rho$ . Similarly  $\int_{|x|>\frac{3}{2}L} d\rho \ge$  $(\frac{1}{2} - \alpha^{-v}) \int d\rho$  for  $\rho \in \text{supp}(F_{\infty,i})$ . Consequently we have for any *z* with  $z_i = \pm \infty$  for some  $i \in \{1, 2, 3\}$ 

$$
\langle \Psi_z | \mathcal{N}_{\mathbf{R}^3 \setminus B_{\frac{3}{2}L}(0)} | \Psi_z \rangle \geq \left( \frac{1}{2} - \alpha^{-v} \right) \langle \Psi_z | \mathcal{N} | \Psi_z \rangle,
$$

where  $\mathcal{N}_{\mathbf{R}^3 \setminus \mathcal{B}_{\frac{3}{2}L}(0)} := G$  with  $G(\rho) := \int_{|x| > \frac{3}{2}L} d\rho$ . Therefore [\[1](#page-38-0), Corollary B.7] together with the fact that  $\text{supp}(\Psi_z) \subset \text{supp}(\Psi''_\alpha) \subset B_L(0)$ , yields

$$
\langle \Psi_z | \mathbf{H}_{\Lambda} | \Psi_z \rangle \geq E_{\alpha} + \left(\frac{1}{2} - \alpha^{-v}\right) \langle \Psi_z | \mathcal{N} | \Psi_z \rangle - \sqrt{\frac{D}{\frac{3}{2}L - L}}
$$
  
\n
$$
\geq E_{\alpha} + \left(\frac{1}{2} - \alpha^{-v}\right) c_- - \sqrt{2D\alpha^{-(1+\sigma)}}
$$
  
\n
$$
= E_{\alpha, \Lambda} (\alpha^2 \rho) + \frac{1}{2} + O_{\alpha \to \infty} (\alpha^{-v})
$$
  
\n
$$
> E_{\alpha, \Lambda} (\alpha^2 \rho) + \alpha^{-(2+\epsilon)}
$$

for a suitable constant  $D > 0$  and  $\alpha$  large enough. Hence we obtain that all components  $z_i^*$  are finite, i.e.  $m_{\alpha^{-\nu}}(\rho) \in B_{\sqrt{3}\alpha^{-\nu}}(\alpha^{-\nu} z^*) \subseteq \mathbf{R}^3$  for  $\rho \in \text{supp}(\mathrm{F}_{z_3^*,3}\mathrm{F}_{z_2^*,2}\mathrm{F}_{z_1^*,1}).$ 

Let  $\Psi'''_\alpha := \mathcal{T}_{-\alpha^{-\alpha}z^*} \Psi_{z^*}$ , where  $\mathcal{T}_z$  is a joint translation in the electron and phonon component, i.e.  $(\mathcal{T}_z \Psi)(x) := U_z \Psi(x - z)$  with  $U_z$  being defined by  $U_z^{-1} a(f) U_z = a(f_z)$ and  $f_z(y) := f(y - z)$ . Using the fact that

$$
\langle \Psi_{z^*} | \mathbf{H}_{\Lambda} | \Psi_{z^*} \rangle \leq E_{\alpha,\Lambda} \big( \alpha^2 p \big) + \alpha^{-(2+\epsilon)} \lesssim E_{\alpha} + \alpha^{-\frac{2}{29}}
$$

as well as  $\mathbf{1}_{\Omega^*} \Psi'''_{\alpha} = \Psi'''_{\alpha}$ , where  $\Omega^*$  is the set of all  $\rho$  satisfying  $\int d\rho \leq c_+$  and  $m_{\alpha^{-\nu}}(\rho) \in$  $B_{\sqrt{3}\alpha^{-u}}(0)$ , we can apply [\[1](#page-38-0), Lemma 3.11], which yields

$$
\big\langle \Psi'''_\alpha \big| W^{-1}_{\phi^{\rm Pek}}\, \mathcal{N} W_{\phi^{\rm Pek}} \big| \Psi'''_\alpha \big\rangle \lesssim \alpha^{-\frac{2}{29}} + \alpha^{-u} + \alpha^{-v}.
$$

By taking  $r' > 0$  small enough such that  $r' \leq \frac{1}{2}(\frac{1}{5} - \frac{9}{5}\sigma - 2v - 3u)$ ,  $r' \leq \epsilon$  and  $r' \le \min\{\frac{2}{29}, u, v\}$ , we conclude that  $\langle \Psi_{\alpha}'''|W_{\varphi}^{-1} \cdot \mathcal{N} W_{\varphi}^{-1} |\Psi_{\alpha}''' \rangle \lesssim \alpha^{-r'}$ . Since  $\text{supp}(\Psi_{\alpha}''') \subset$  $B_{L}(-\alpha^{-u}z^{*}) \subset B_{L+\alpha^{-u}|z^{*}|}(0) \subset B_{4L}(0)$ , this concludes the proof.  $\Box$ 

In the following Theorem [3.7,](#page-21-0) which is the main result of this section, we will lift the (weak) condensation from Eq.  $(3.12)$  to a strong one without introducing a large energy penalty, using an argument in [\[8\]](#page-38-0). We will verify that the momentum error due to the localization is negligibly small as well.

<span id="page-21-0"></span>*Theorem* **3.7.** — *Given*  $0 < \sigma < \frac{1}{9}$  *and*  $C > 0$ , *let*  $\Lambda = \alpha^{\frac{4}{5}(1+\sigma)}$  *and*  $L = \alpha^{1+\sigma}$ , *and assume p satisfies*  $|p| \leq \frac{C}{\alpha}$  *and*  $E_{\alpha,\Lambda}(\alpha^2 p) \leq E_{\alpha} + C|p|^2$  *for a given*  $C > 0$ *. Then there exists a*  $r > 0$  *and states*  $\Psi_{\alpha}$  *with* 

$$
\langle \Psi_{\alpha} | \mathbf{H}_{\Lambda} | \Psi_{\alpha} \rangle - \mathrm{E}_{\alpha, \Lambda} (\alpha^2 \beta) \lesssim \alpha^{-(2+r)},
$$
  

$$
\langle \Psi_{\alpha} | (\Upsilon_{\Lambda} - \beta)^2 | \Psi_{\alpha} \rangle \lesssim \alpha^{-(2+r)}
$$

 $and supp(\Psi_{\alpha}) \subseteq B_{4L}(0)$ *, such that* 

$$
\textbf{(3.15)} \qquad \qquad \chi \left( \mathbf{W}_{\varphi^{\text{Pek}} - i\xi}^{-1} \mathcal{N} \mathbf{W}_{\varphi^{\text{Pek}} - i\xi} \leq \alpha^{-r} \right) \Psi_{\alpha} = \Psi_{\alpha},
$$

 $w$ *here*  $\xi := \frac{p}{m} \widetilde{\nabla}_{x_1} \varphi^{\text{Pek}} \ \text{with} \ \widetilde{\nabla}_{x_1} := \chi^1(\Lambda^{-1}|\nabla_{x_1}| \leq 2)\nabla_{x_1}.$ 

Note that *ξ* is small in magnitude, *ξ* |*p*| *α*<sup>−</sup>1. The statement of Theorem 3.7 is also valid for  $\xi = 0$ , i.e., in case we conjugate by the Weyl transformation  $W_{\varphi^{\text{Pek}}}$  instead of W*ϕ*Pek−*i<sup>ξ</sup>* . For technical reasons, it will however be useful in the proof of Theorem [2.1](#page-5-0) to use  $\varphi^{\text{Pek}} - i\xi \approx \varphi^{\text{Pek}} - i\frac{\beta}{m} \nabla_{x_1} \varphi^{\text{Pek}}$  as a reference state, since the latter satisfies the momentum constraint

$$
\left\langle \varphi^{\text{Pek}} - i \frac{\mathcal{P}}{m} \nabla_{x_1} \varphi^{\text{Pek}} \middle| \frac{1}{i} \nabla \middle| \varphi^{\text{Pek}} - i \frac{\mathcal{P}}{m} \nabla_{x_1} \varphi^{\text{Pek}} \right\rangle = \mathcal{P}.
$$

*Proof.* — Let  $\Psi'''_{\alpha}$  be as in Lemma [3.6](#page-17-0) and let us define for  $0 < \epsilon < \frac{1}{2}$  and  $0 < h < \frac{1}{2}$  $\min\{r',\frac{1}{4}\}$ 

$$
\Psi_{\alpha} := Z_{\alpha}^{-1} \chi^{\epsilon} \bigg( \alpha^{h} W_{\varphi^{\text{Pek}} - i\xi}^{-1} \mathcal{N} W_{\varphi^{\text{Pek}} - i\xi} \leq \frac{1}{2} \bigg) \Psi_{\alpha}''' ,
$$

where  $Z_\alpha:=\|\chi^\epsilon(\alpha^hW_{\varphi^\mathrm{Pek}-i\xi}^{-1}\mathcal{N}W_{\varphi^\mathrm{Pek}-i\xi}\leq \frac{1}{2})\Psi_\alpha''' \|$  is a normalization constant. Clearly the states  $\Psi_{\alpha}$  satisfy Eq. (3.15) for  $r \leq h$ . Let us furthermore define

$$
\widetilde{\Psi}_{\alpha} := \frac{1}{\sqrt{1 - Z_{\alpha}^2}} \chi^{\epsilon} \left( \frac{1}{2} \leq \alpha^h W_{\varphi^{\text{Pek}} - i\xi}^{-1} \mathcal{N} W_{\varphi^{\text{Pek}} - i\xi} \right) \Psi_{\alpha}'''
$$

An application of [\[1](#page-38-0), Lemma 3.3] yields

$$
Z_{\alpha}^{2} \langle \Psi_{\alpha} | \mathbf{H}_{\Lambda} | \Psi_{\alpha} \rangle + (1 - Z_{\alpha}^{2}) \langle \widetilde{\Psi}_{\alpha} | \mathbf{H}_{\Lambda} | \widetilde{\Psi}_{\alpha} \rangle
$$
  
\n
$$
\leq \langle \Psi_{\alpha}''' | \mathbf{H}_{\Lambda} | \Psi_{\alpha}''' \rangle + C_{0} \alpha^{2h - \frac{7}{2}} \langle \Psi_{\alpha}''' | \sqrt{\mathcal{N} + 1} | \Psi_{\alpha}''' \rangle
$$
  
\n
$$
\leq E_{\alpha, \Lambda} (\alpha^{2} \rho) + C_{1} \alpha^{-(2 + r'')}
$$

<span id="page-22-0"></span>for suitable constants  $C_0, C_1 > 0$  and  $r'' := \min\{r', \frac{3}{2} - 2h\} > 0$ . We have

$$
1 - Z_{\alpha}^{2} = \left\langle \Psi_{\alpha}''' \middle| \chi^{\epsilon} \left( \frac{1}{2} \leq \alpha^{h} W_{\varphi^{\text{Pek}} - i\xi}^{-1} \mathcal{N} W_{\varphi^{\text{Pek}} - i\xi} \right)^{2} \middle| \Psi_{\alpha}''' \right\rangle
$$
  

$$
\leq \frac{2\alpha^{h}}{1 - 2\epsilon} \left\langle \Psi_{\alpha}''' \middle| W_{\varphi^{\text{Pek}} - i\xi}^{-1} \mathcal{N} W_{\varphi^{\text{Pek}} - i\xi} \middle| \Psi_{\alpha}''' \right\rangle
$$
  

$$
\leq \frac{4\alpha^{h}}{1 - 2\epsilon} \left\langle \Psi_{\alpha}''' \middle| W_{\varphi^{\text{Pek}}}^{-1} \mathcal{N} W_{\varphi^{\text{Pek}}}\middle| \Psi_{\alpha}''' \right\rangle + \frac{4\alpha^{h} \|\xi\|^{2}}{1 - 2\epsilon}
$$
  

$$
\lesssim \frac{1}{1 - 2\epsilon} \left( \alpha^{h - r'} + \alpha^{h - 2} \right) \underset{\alpha \to \infty}{\longrightarrow} 0,
$$

where we used Eq.  $(3.12)$  $(3.12)$  and the inequalities

$$
W_{\varphi^{\text{Pek}}-i\xi}^{-1} \mathcal{N} W_{\varphi^{\text{Pek}}-i\xi} \leq 2(W_{\varphi^{\text{Pek}}}^{-1} \mathcal{N} W_{\varphi^{\text{Pek}}} + ||\xi||^2),
$$
  

$$
||\xi||^2 \leq |p|^2 ||\nabla \varphi^{\text{Pek}}||^2 \lesssim \alpha^{-2}.
$$

Making use of  $\langle \widetilde{\Psi}_{\alpha} | \mathbf{H}_{\Lambda} | \widetilde{\Psi}_{\alpha} \rangle \geq E_{\alpha}$  and  $E_{\alpha,\Lambda}(\alpha^2 p) - E_{\alpha} \lesssim |p|^2 \lesssim \alpha^{-2}$ , we therefore obtain

$$
\langle \Psi_{\alpha} | \mathbf{H}_{\Lambda} | \Psi_{\alpha} \rangle - \mathrm{E}_{\alpha, \Lambda} (\alpha^2 \beta)
$$
  
\n
$$
\leq Z_{\alpha}^{-2} \big( \mathrm{C}_1 \alpha^{-(2+r'')} + (1 - Z_{\alpha}^2) \big( \mathrm{E}_{\alpha, \Lambda} (\alpha^2 \beta) - \mathrm{E}_{\alpha} \big) \big)
$$
  
\n
$$
\lesssim \alpha^{-(2+r'')} + (\alpha^{h-r'} + \alpha^{h-2}) \big( \mathrm{E}_{\alpha, \Lambda} (\alpha^2 \beta) - \mathrm{E}_{\alpha} \big) \lesssim \alpha^{-(2+r''')}
$$

with  $r''' := \min\{r'', r' - h, 2 - h\} > 0.$ 

In order to estimate  $\langle \Psi_{\alpha}| (\Upsilon_{\Lambda} - \rho)^2 | \Psi_{\alpha} \rangle$ , let us apply the IMS identity

(3.16) 
$$
Z_{\alpha}^{2} \langle \Psi_{\alpha} | (\Upsilon_{\Lambda} - p)^{2} | \Psi_{\alpha} \rangle + (1 - Z_{\alpha}^{2}) \langle \widetilde{\Psi}_{\alpha} | (\Upsilon_{\Lambda} - p)^{2} | \widetilde{\Psi}_{\alpha} \rangle = \langle \Psi_{\alpha}''' | (\Upsilon_{\Lambda} - p)^{2} | \Psi_{\alpha}''' \rangle - \langle \Psi_{\alpha}''' | \mathbf{X} | \Psi_{\alpha}''' \rangle,
$$

where we define  $X := \frac{1}{2} [[(\Upsilon_{\Lambda} - \rho)^2, A_1], A_1] + \frac{1}{2} [[(\Upsilon_{\Lambda} - \rho)^2, A_2], A_2]$  using the operators  $\mathrm{A}_1:=\!\!f_1(\mathrm{W}_{\varphi^{\mathrm{Pek}}-i\xi}^{-1}\,\mathcal{N}\mathrm{W}_{\varphi^{\mathrm{Pek}}-i\xi})\text{ and }\mathrm{A}_2:=\!\!f_2(\mathrm{W}_{\varphi^{\mathrm{Pek}}-i\xi}^{-1}\,\mathcal{N}\mathrm{W}_{\varphi^{\mathrm{Pek}}-i\xi})\text{ with }f_1(x):=\chi^\epsilon(\alpha^hx\leq \frac{1}{2})$ and  $f_2 := \chi^{\epsilon}(\frac{1}{2} \le \alpha^h x)$ . In the following let us compute

$$
\begin{aligned}\n&\left[\left[(\Upsilon_{\Lambda}-\rho)^2,A_j\right],A_j\right] \\
&=W_{\varphi^{\text{Pek}}-i\xi}^{-1}\left[\left[(W_{\varphi^{\text{Pek}}-i\xi}\Upsilon_{\Lambda}W_{\varphi^{\text{Pek}}-i\xi}^{-1}-\rho\right)^2,f_j(\mathcal{N})\right],f_j(\mathcal{N})\right]W_{\varphi^{\text{Pek}}-i\xi} \\
&=W_{\varphi^{\text{Pek}}-i\xi}^{-1}\left[\left[(\Upsilon_{\Lambda}-\widetilde{\rho}+2\Re\mathfrak{e}\,a^{\dagger}(\varphi)\right)^2,f_j(\mathcal{N})\right],f_j(\mathcal{N})\right]W_{\varphi^{\text{Pek}}-i\xi}\n\end{aligned}
$$

where  $\varphi := \frac{1}{i} \widetilde{\nabla}_{x_1} (\varphi^{\text{Pek}} - i \xi)$  and

$$
\widetilde{p} := p - \left\langle \varphi^{\text{Pek}} - i\xi \left| \frac{1}{i} \widetilde{\nabla}_{x_1} \right| \varphi^{\text{Pek}} - i\xi \right\rangle = p \left( 1 - \frac{2}{m} \left\| \widetilde{\nabla}_{x_1} \varphi^{\text{Pek}} \right\|^2 \right).
$$

We have  $|\tilde{p}| \leq |p| \leq \frac{C}{\alpha}$  since  $m = \frac{2}{3} \|\nabla \varphi^{\text{Pek}}\|^2 = 2 \|\nabla_{x_1} \varphi^{\text{Pek}}\|^2 \geq 2 \|\nabla_{x_1} \varphi^{\text{Pek}}\|^2$ . Defining the discrete derivative  $\delta f_j(x) := \alpha^2 (f_j(x + \alpha^{-2}) - f_j(x))$ , we can further write

$$
\begin{aligned}\n&\left[\left[\left(\Upsilon_{\Lambda}-\widetilde{\rho}+2\Re\mathfrak{e}\,a^{\dagger}(\varphi)\right)^{2},f_{j}(\mathcal{N})\right],f_{j}(\mathcal{N})\right] \\
&=8\big[\Re\mathfrak{e}\,a^{\dagger}(\varphi),f(\mathcal{N})\big]^{2} \\
&+2\big\{\Upsilon_{\Lambda}-\widetilde{\rho}+2\Re\mathfrak{e}\,a^{\dagger}(\varphi),\left[\left[\Re\mathfrak{e}\,a^{\dagger}(\varphi),f_{j}(\mathcal{N})\right],f_{j}(\mathcal{N})\right]\right\} \\
&=-8\alpha^{-4}\big(\Im\mathfrak{m}\big(a^{\dagger}(\varphi)\delta f_{j}(\mathcal{N})\big)\big)^{2} \\
&+2\alpha^{-4}\big\{\Upsilon_{\Lambda}-\widetilde{\rho}+2\Re\mathfrak{e}a^{\dagger}(\varphi),\Re\mathfrak{e}\big(a^{\dagger}(\varphi)(\delta f_{j})^{2}(\mathcal{N})\big)\big\}\n\end{aligned}
$$

where we used

$$
[\Upsilon_{\Lambda} - \widetilde{\rho} + 2\Re \mathfrak{e} \, a^{\dagger}(\varphi), f_j(\mathcal{N})] = 2 [\Re \mathfrak{e} \, a^{\dagger}(\varphi), f_j(\mathcal{N})],
$$
  
\n
$$
[\Re \mathfrak{e} \, a^{\dagger}(\varphi), f_j(\mathcal{N})] = \alpha^{-2} i \Im \mathfrak{m} (a^{\dagger}(\varphi) \delta f_j(\mathcal{N})),
$$
  
\n
$$
[[\Re \mathfrak{e} \, a^{\dagger}(\varphi), f_j(\mathcal{N})], f_j(\mathcal{N})] = \alpha^{-4} \Re \mathfrak{e} (a^{\dagger}(\varphi) (\delta f_j)^2(\mathcal{N})).
$$

Hence

$$
(3.17) \qquad -\left[\left[\left(\Upsilon_{\Lambda} - \widetilde{p} + 2\Re\mathfrak{e} \, a^{\dagger}(\varphi)\right)^{2}, f_{j}(\mathcal{N})\right], f_{j}(\mathcal{N})\right] \leq 8\alpha^{-4} \mathfrak{Im}\left(a^{\dagger}(\varphi)\delta f_{j}(\mathcal{N})\right)^{2} \n+ 4\alpha^{-3} \mathfrak{Re}\left(a^{\dagger}(\varphi)(\delta f_{j})^{2}(\mathcal{N})\right)^{2} + \alpha^{-5} \left(\Upsilon_{\Lambda} - \widetilde{p} + 2\Re\mathfrak{e} \, a^{\dagger}(\varphi)\right)^{2} \n\leq 2\|\varphi\|^{2} \left(2\alpha^{-4}\|\delta f_{j}\|_{\infty}^{2} + 2\alpha^{-3}\|\delta f_{j}\|_{\infty}^{4} + 3\alpha^{-5}\right)\left(2\mathcal{N} + \alpha^{-2}\right) \n+ 27\alpha^{-3}\mathcal{N}^{2} + 3\alpha^{-5}|\widetilde{p}|^{2},
$$

where we have applied multiple Cauchy–Schwarz estimates and used  $\Upsilon^2_\Lambda \leq 9\alpha^2 {\cal N}^2$ . Note that the expression in the last line of Eq. (3.17) is of order  $\alpha^{4h-3}(\mathcal{N}+1)^2,$  since  $\|\delta f_j\|_\infty \lesssim$  $\alpha^h$  and  $\|\varphi\| \lesssim 1$ . Using  $\text{W}_{\varphi^{\text{Pek}} - i\xi}^{-1}(\mathcal{N} + 1)^2 \text{W}_{\varphi^{\text{Pek}} - i\xi} \lesssim (\mathcal{N} + 1)^2$  we therefore obtain

$$
-X = -\frac{1}{2} \sum_{j=1}^{2} [[(\Upsilon_{\Lambda} - \rho)^2, A_j], A_j] \lesssim \alpha^{4h-3} (\mathcal{N} + 1)^2.
$$

Using this together with Eq. [\(3.16\)](#page-22-0) and  $\langle \Psi_{\alpha} | (\Upsilon_{\Lambda} - \rho)^2 | \Psi_{\alpha} \rangle \ge 0$ , yields

$$
\langle \Psi_{\alpha} | (\Upsilon_{\Lambda} - p)^2 | \Psi_{\alpha} \rangle \leq Z_{\alpha}^{-2} (\langle \Psi_{\alpha}''' | (\Upsilon_{\Lambda} - p)^2 | \Psi_{\alpha}''' \rangle - \langle \Psi_{\alpha}''' | \mathbf{X} | \Psi_{\alpha}''' \rangle )
$$
  

$$
\lesssim \alpha^{-(2+r')} + \alpha^{4h-3} \langle \Psi_{\alpha}''' | (\mathcal{N} + 1)^2 | \Psi_{\alpha}''' \rangle
$$
  

$$
\lesssim \alpha^{-(2+r')} + \alpha^{4h-3}.
$$

<span id="page-24-0"></span>Since  $h < \frac{1}{4}$  we have  $\min\{r', 1-4h\} > 0$ , and therefore we can choose  $r > 0$  small enough such that  $r \le \min\{r', 1 - 4h\}$ ,  $r \le r'''$  and  $r \le h$ , which concludes the proof.

### **4. Proof of Theorem [2.1](#page-5-0)**

In this section we shall prove the main technical Theorem [2.1,](#page-5-0) using the results of the previous sections as well as the results in the previous part of this paper series [\[1](#page-38-0)]. Before we do this let us recall some definitions from [\[1\]](#page-38-0).

*Definition* **4.1** *(Finite dimensional Projection*  $\Pi$ ). — *Given*  $\sigma > 0$ , let  $\Lambda := \alpha^{\frac{4}{5}(1+\sigma)}$  and  $\ell := \alpha^{-4(1+\sigma)}$ , and let us introduce the cubes

$$
C_z := [z_1 - \ell, z_1 + \ell) \times [z_2 - \ell, z_2 + \ell) \times [z_3 - \ell, z_3 + \ell)
$$

*for*  $z = (z_1, z_2, z_3) \in 2\ell \mathbb{Z}^3$ . Then we define  $\Pi$  as the orthogonal projection onto the subspace spanned by the functions  $x \mapsto \int_{C_z}$  $e^{ikx}$ <sub>k</sub> dk for  $z \in 2\ell \mathbb{Z}^3 \setminus \{0\}$  *satisfying*  $C_z \subset B_\Lambda(0)$ *. Furthermore, let*  $\varphi_1, \ldots, \varphi_N$  *be a real orthonormal basis of*  $\Pi L^2(\mathbf{R}^3)$ *, such that*  $\varphi_n = \frac{\Pi \nabla_{x_n} \varphi^{\text{Pek}}}{\Vert \Pi \nabla_{x_n} \varphi^{\text{Pek}} \Vert}$  *for*  $n \in \{1, 2, 3\}$ *.* 

 $Definition$  **4.2** *(Coordinate Transformation*  $\tau$ ). — Let  $\varphi_x^{\text{Pek}}(y) := \varphi^{\text{Pek}}(y-x)$  and let  $t \mapsto x_t$ *be the local inverse of the function*  $x \mapsto (\langle \varphi_n | \varphi_x^{\text{Pek}} \rangle)_{n=1}^3 \in \mathbf{R}^3$  *defined for*  $t \in B_{\delta_*}(0)$  *with a suitable*  $\delta_*$  > 0. Note that we can take  $B_{\delta_*}(0)$  as the domain of the local inverse, since  $\langle \varphi_n | \varphi_0^{\text{Pek}} \rangle = 0$  for all *n* ∈ {1, 2, 3} *due to the fact that*  $\varphi^{\text{Pek}}$  *and*  $\Pi$  *respect the reflection symmetry*  $y_n \mapsto -y_n$ *. Then we define*  $f: \mathbb{R}^3 \longrightarrow \Pi L^2(\mathbb{R}^3)$  *as* 

$$
f(t) := \chi\left(|t| < \delta_*\right) \left(\Pi \varphi_{x_l}^{\text{Pek}} - \sum_{n=1}^3 t_n \varphi_n\right)
$$

*and the transformation*  $\tau : \Pi L^2(\mathbf{R}^3) \longrightarrow \Pi L^2(\mathbf{R}^3)$  *as* 

$$
\tau(\varphi) := \varphi - f(t^{\varphi})
$$

 $with t^{\varphi} := (\langle \varphi_1 | \varphi \rangle, \langle \varphi_2 | \varphi \rangle, \langle \varphi_3 | \varphi \rangle) \in \mathbb{R}^3.$ 

*Definition* **4.3** *(Quadratic Approximation* J*t,γ )*. — *Let us first define the operators*

(4.1) 
$$
K^{\text{Pek}} := 1 - H^{\text{Pek}} = 4(-\Delta)^{-\frac{1}{2}} \psi^{\text{Pek}} \frac{1 - |\psi^{\text{Pek}}\rangle \langle \psi^{\text{Pek}}|}{-\Delta + V^{\text{Pek}}} \psi^{\text{Pek}} (-\Delta)^{-\frac{1}{2}},
$$

(4.2) 
$$
L^{Pek} := 4(-\Delta)^{-\frac{1}{2}} \psi^{Pek} (1-\Delta)^{-1} \psi^{Pek} (-\Delta)^{-\frac{1}{2}},
$$

 $\omega$ here  $V^{\rm Pek} := -2(-\Delta)^{-\frac{1}{2}}\varphi^{\rm Pek}, \, \mu^{\rm Pek} := e^{\rm Pek} - \|\varphi^{\rm Pek}\|^2$  and  $\psi^{\rm Pek}$  is the, non-negative, ground state *of the operator*  $-\Delta + V^{\text{Pek}}$ *. Furthermore let*  $T_x$  *be the translation operator, i.e.*  $(T_x \varphi)(y) := \varphi(y-x)$ *,*  <span id="page-25-0"></span>*and let*  $K_x^{Pek} := T_x K_{-x}^{Pek} T_{-x}$  *and*  $L_x^{Pek} := T_x L_{-x}^{Pek} T_{-x}$ *. Then we define* 

$$
J_{t,\gamma} := \pi \big( 1 - (1 + \gamma) \big( \mathbf{K}_{x_t}^{\text{Pek}} + \gamma \mathbf{L}_{x_t}^{\text{Pek}} \big) \big) \pi
$$

for  $|t| < \gamma$  and  $\gamma < \delta_*$ , where  $\delta_*$  and  $x_t$  are as in Definition [4.2](#page-24-0) and  $\pi : L^2(\mathbf{R}^3) \longrightarrow L^2(\mathbf{R}^3)$  is the *orthogonal projection on the space spanned by*  $\{\varphi_4, \ldots, \varphi_N\}$  *with*  $\varphi_n$  *as in Definition [4.1.](#page-24-0) Furthermore we define*  $J_{t,\gamma} := \pi$  *for*  $|t| \geq \gamma$  *and we will use the shorthand notation*  $J_{t,\gamma}[\varphi] := \langle \varphi | J_{t,\gamma} | \varphi \rangle.$ 

Recall the definition of  $E_{\alpha,\Lambda}$  in Theorem [2.1.](#page-5-0) In the following we will assume that p satisfies the assumption  $E_{\alpha,\Lambda}(\alpha^2 p) \le E_{\alpha} + C|p|^2$  of Theorem [3.7](#page-21-0) with  $C \ge \frac{1}{2m}$ , which we can do w.l.o.g., since  $E_{\alpha,\Lambda}(\alpha^2 p) > E_{\alpha} + C|p|^2$  immediately implies the statement of Theorem [2.1](#page-5-0) (compare with the comment above Lemma [3.1\)](#page-9-0). We shall also assume in the following that  $|p| \leq \frac{C}{\alpha}$ . Due to these assumptions we can apply Theorem [3.7,](#page-21-0) which yields the existence of a sequence  $\Psi_{\alpha}$  with

$$
\langle \Psi_{\alpha} | \mathbf{H}_{\Lambda} | \Psi_{\alpha} \rangle - \mathrm{E}_{\alpha, \Lambda} (\alpha^2 \beta) \lesssim \alpha^{-(2+r)},
$$
  

$$
\langle \Psi_{\alpha} | (\Upsilon_{\Lambda} - \beta)^2 | \Psi_{\alpha} \rangle \lesssim \alpha^{-(2+r)},
$$

and supp $(\Psi_{\alpha}) \subseteq B_{4L}(0)$  with  $L = \alpha^{1+\sigma}$ , such that  $\widetilde{\Psi}_{\alpha} := W_{-i\xi} \Psi_{\alpha}$  with  $\xi = \frac{\rho}{m} \widetilde{\nabla}_{x_1} \varphi^{\text{Pek}}$  satisfies condensation with respect to  $\varphi^{\text{Pek}}$  i.e. isfies condensation with respect to  $\varphi^{\text{Pek}}$ , i.e.

(4.3) 
$$
\chi \left( W_{\varphi^{\text{Pek}}}^{-1} \mathcal{N} W_{\varphi^{\text{Pek}}} \leq \alpha^{-r} \right) \widetilde{\Psi}_{\alpha} = \widetilde{\Psi}_{\alpha}.
$$

Using  $\frac{p}{m}(p - \Upsilon_{\Lambda}) \le \alpha^{-\frac{r}{2}} \frac{|p|^2}{4m^2} + \alpha^{\frac{r}{2}}(p - \Upsilon_{\Lambda})^2$  and  $|p| \le \frac{C}{\alpha}$ , we therefore have

(4.4) 
$$
E_{\alpha,\Lambda}(\alpha^2 p) \geq \left\langle \Psi_{\alpha} \bigg| H_{\Lambda} + \frac{p}{m}(p - \Upsilon_{\Lambda}) \bigg| \Psi_{\alpha} \right\rangle + O_{\alpha \to \infty}(\alpha^{-(2+\frac{r}{2})}),
$$

where  $\frac{p}{m}$  formally acts as a Lagrange multiplier for the minimization of  $\mathbf{H}_{\Lambda}$  subject to the constraint  $\Upsilon_{\Lambda} = \rho$ . In the rest of this Section we will verify that

$$
\mathbf{H}_{\Lambda} + \frac{p}{m}(p - \Upsilon_{\Lambda})
$$

is bounded from below by the right hand side of Eq.  $(2.3)$  $(2.3)$  when tested against a state  $\Psi$ satisfying supp $(\Psi) \subseteq B_{4L}(0)$  and complete condensation with respect to  $\varphi^{Pek} - i\xi$  (where we find it convenient to use  $\varphi^{\text{Pek}} - i\xi$  instead of  $\varphi^{\text{Pek}}$  for technical reasons). The momentum constraint on  $\Psi$  will not be needed for this; i.e., we have transformed our original constrained minimization problem into a global one, which we handle similarly as in the previous part [\[1\]](#page-38-0) concerning a lower bound on the global minimum  $E_\alpha = \inf \sigma(\mathbf{H})$ . As already stressed in the Section [1,](#page-0-0) it is essential to work with the truncated Hamiltonian **H**<sub>A</sub> and the truncated momentum  $\Upsilon_{\Lambda}$  here, since in contrast to  $\mathbf{H}_{\Lambda} + \frac{p}{m}(p - \Upsilon_{\Lambda})$  the operator  $\mathbf{H} + \frac{p}{m}(p - \mathbf{P})$  is not bounded from below for  $p \neq 0$ .

<span id="page-26-0"></span>Following [\[1](#page-38-0)], we will identify  $\mathcal{F}(\Pi L^2(\mathbf{R}^3))$  with  $L^2(\mathbf{R}^N)$  using the representation of real-valued functions  $\varphi = \sum_{n=1}^{N} \lambda_n \varphi_n$  by points

$$
\lambda = (\lambda_1, \ldots, \lambda_N) \in \mathbf{R}^N.
$$

With this identification, we can represent the annihilation operators  $a_n := a(\varphi_n)$  as  $a_n =$  $\lambda_n + \frac{1}{2\alpha^2} \partial_{\lambda_n}$ , where  $\lambda_n$  is the multiplication operator by the function  $\lambda \mapsto \lambda_n$  on  $L^2(\mathbf{R}^N)$ . Let us also use for functions  $\varphi \mapsto g(\varphi)$  depending on elements  $\varphi \in \Pi L^2(\mathbf{R}^3)$  the convenient notation  $g(\lambda) := g(\sum_{n=1}^{N} \lambda_n \varphi_n)$ , where  $\lambda \in \mathbf{R}^N$ .

It is essential for our proof that  $\widetilde{\Psi}_{\alpha}$  satisfies complete condensation in  $\varphi^{\text{Pek}}$ , see Eq.  $(4.3)$  $(4.3)$ , since it allows us to apply  $[1, \text{Lemma 6.1}]$  $[1, \text{Lemma 6.1}]$  which states that in terms of the quadratic operator  $J_{t,y}$  and the transformation  $\tau$  on  $\Pi L^2(\mathbf{R}^3)$  in Definitions [4.3](#page-24-0) and [4.2](#page-24-0) we have

(4.5) 
$$
\langle \widetilde{\Psi}_{\alpha} | \mathbf{H}_{\Lambda} | \widetilde{\Psi}_{\alpha} \rangle \geq e^{\text{Pek}} + \left\langle \widetilde{\Psi}_{\alpha} \middle| - \frac{1}{4\alpha^{4}} \sum_{n=1}^{N} \partial_{\lambda_{n}}^{2} + J_{\ell^{\lambda}, \alpha^{-s}} [\tau(\lambda)] + \mathcal{N}_{>N} \middle| \widetilde{\Psi}_{\alpha} \right\rangle - \frac{N}{2\alpha^{2}} + O_{\alpha \to \infty} (\alpha^{-(2+\epsilon)})
$$

for suitable  $\epsilon$ ,  $s_0 > 0$  and any  $0 < s < s_0$ , where we define

$$
\mathcal{N}_{>N}:=\mathcal{N}-\sum_{k=1}^N a_k^\dagger a_k
$$

and  $t^{\varphi}$  is defined as in Definition [4.2](#page-24-0) such that  $t^{\lambda} = (\lambda_1, \lambda_2, \lambda_3) \in \mathbb{R}^3$ . Furthermore it is shown in [\[1](#page-38-0), Lemma 6.1], that there exists a  $\beta > 0$ , such that

(4.6) 
$$
\langle \widetilde{\Psi}_{\alpha} | 1 - \mathbf{B} | \widetilde{\Psi}_{\alpha} \rangle \leq e^{-\beta \alpha^{2-2s}}
$$

for all  $0 < s < s_0$ , where **B** is the multiplication operator by the function  $\lambda \mapsto \chi(|t^{\lambda}| <$ *α*<sup>−</sup>*<sup>s</sup> )*. In the following we will always choose *s <* 1. We will use the symbol *w* for a generic, positive constant, which is allowed to vary from line to line.

**4.1.** *Quasi-quadratic lower bound. —* In order to find a good lower bound on

$$
\bigg\langle \Psi_{\alpha} \bigg| \mathbf{H}_{\Lambda} + \frac{p}{m} (p - \Upsilon_{\Lambda}) \bigg| \Psi_{\alpha} \bigg\rangle,
$$

and therefore on  $E_{\alpha,\Lambda}(\alpha^2 p)$ , it is natural to conjugate  $\mathbf{H}_{\Lambda} + \frac{p}{m}(p - \Upsilon_{\Lambda})$  with the Weyl trans- $\delta$  formation  $W_{\varphi^{\text{Pek}} - i\xi} = W_{\varphi^{\text{Pek}}}W_{-i\xi}$ , since  $\varphi^{\text{Pek}} - i\xi$  is close to the minimizer  $\varphi^{\text{Pek}} - i\frac{\rho}{m}\nabla_{x_1}\varphi^{\text{Pek}}$ of the corresponding classical problem, see [\[3](#page-38-0)]. Since *iξ* is purely imaginary, the interaction term in  $\mathbf{H}_{\Lambda}$  is invariant under the transformation W<sub>-*i*ξ</sub></sub>, i.e. W<sub>-*i*ξ</sub> $\Re \mathfrak{e}[a(\chi) | \nabla] \leq$  <span id="page-27-0"></span> $(\Lambda)w_x$ )]W<sup>-1</sup><sub>*i*ξ</sub> =  $\Re\epsilon[a(\chi(|\nabla|\leq \Lambda)w_x)]$ , and furthermore

(4.7) 
$$
W_{-i\xi} \Upsilon_{\Lambda} W_{-i\xi}^{-1} = \Upsilon_{\Lambda} - 2 \Re \varepsilon \bigg[ a \bigg( \frac{1}{i} \widetilde{\nabla}_{x_1} i\xi \bigg) \bigg] + \bigg\langle i\xi \bigg| \frac{1}{i} \widetilde{\nabla}_{x_1} \bigg| i\xi \bigg\rangle
$$

$$
= \Upsilon_{\Lambda} - 2 \Re \varepsilon \bigg[ a (\widetilde{\nabla}_{x_1} \xi) \bigg],
$$

where we have used  $\langle i\xi|\frac{1}{i}\overline{\nabla}_{x_1}|i\xi\rangle = 0$  (since  $\langle h|\frac{1}{i}\overline{\nabla}_{x_1}|h\rangle = 0$  for any real-valued or imaginary-valued function  $h \in L^2(\mathbf{R}^3)$ . Therefore conjugating  $\mathbf{H}_{\Lambda} + \frac{p}{m} (p - \Upsilon_{\Lambda})$  with W<sup>−</sup>*i<sup>ξ</sup>* yields

$$
\langle \Psi_{\alpha} \Big| \mathbf{H}_{\Lambda} + \frac{p}{m} (p - \Upsilon_{\Lambda}) \Big| \Psi_{\alpha} \rangle
$$
\n
$$
= \langle \widetilde{\Psi}_{\alpha} \Big| \mathbf{H}_{\Lambda} - \frac{p}{m} \Upsilon_{\Lambda} + 2 \Re \Big[ a \Big( \frac{p}{m} \widetilde{\nabla}_{x_1} \xi - i \xi \Big) \Big] \Big| \widetilde{\Psi}_{\alpha} \Big\rangle + \frac{|p|^2}{m} + ||\xi||^2
$$
\n
$$
\geq e^{\text{Pek}} + \langle \widetilde{\Psi}_{\alpha} \Big| - \frac{1}{4\alpha^4} \sum_{n=1}^{N} \partial_{\lambda_n}^2 + J_{t^{\lambda}, \alpha^{-s}} [\tau(\lambda)] + \mathcal{N}_{>N} - \frac{p}{m} \Upsilon_{\Lambda} \Big| \widetilde{\Psi}_{\alpha} \rangle
$$
\n
$$
- \frac{N}{2\alpha^2} + 2 \Re \Big| \widetilde{\Psi}_{\alpha} \Big| a \Big( \frac{p}{m} \widetilde{\nabla}_{x_1} \xi - i \xi \Big) \Big| \widetilde{\Psi}_{\alpha} \Big\rangle
$$
\n
$$
+ \frac{|p|^2}{m} + ||\xi||^2 + O_{\alpha \to \infty} (\alpha^{-(2+\epsilon)}),
$$

where we have used Eq. [\(4.5\)](#page-26-0). In the next step we apply the Weyl transformation  $\rm W_{\phi^{Pek},}$ which satisfies  $\mathrm{W}_{\varphi^\mathrm{Pek}}\lambda\mathrm{W}_{\varphi^\mathrm{Pek}}^{-1} = \lambda + \lambda^\mathrm{Pek}$  and hence

$$
W_{\varphi^{\text{Pek}}}\frac{\hat{p}}{m}\Upsilon_{\Lambda}W_{\varphi^{\text{Pek}}}^{-1} = \frac{\hat{p}}{m}\Upsilon_{\Lambda} + 2\Re\left[a\left(\frac{\hat{p}}{im}\widetilde{\nabla}_{x_1}\varphi^{\text{Pek}}\right)\right] = \frac{\hat{p}}{m}\Upsilon_{\Lambda} - 2\Re\left[a(i\xi)\right],
$$
  

$$
W_{\varphi^{\text{Pek}}}\Re\left[a\left(\frac{\hat{p}}{m}\widetilde{\nabla}_{x_1}\xi - i\xi\right)\right]W_{\varphi^{\text{Pek}}}^{-1} = \Re\left[a\left(\frac{\hat{p}}{m}\widetilde{\nabla}_{x_1}\xi - i\xi\right)\right] - \|\xi\|^2,
$$

where we have used  $\mathfrak{Re} \langle \varphi^{\text{Pek}} |_{m}^{\ell} \widetilde{\nabla}_{x_{1}} \xi - i \xi \rangle = \langle \varphi^{\text{Pek}} |_{m}^{\ell} \widetilde{\nabla}_{x_{1}} \xi \rangle = - \| \xi \|^{2}$ . Furthermore

$$
W_{\varphi^{\text{Pek}}} t^{\lambda} W_{\varphi^{\text{Pek}}}^{-1} = (\lambda_1 + \lambda_1^{\text{Pek}}, \lambda_2 + \lambda_2^{\text{Pek}}, \lambda_3 + \lambda_3^{\text{Pek}}) = (\lambda_1, \lambda_2, \lambda_3) = t^{\lambda}
$$

with  $\lambda^{Pek} := (\langle \varphi_n | \Pi \varphi^{Pek} \rangle)_{n=1}^N$ . Therefore defining

$$
\Psi_\alpha^* := \mathrm{W}_{\varphi^\mathrm{Pek}} \widetilde{\Psi}_\alpha = \mathrm{W}_{\varphi^\mathrm{Pek}-i\xi} \Psi_\alpha
$$

<span id="page-28-0"></span>and conjugating with  $W_{\varphi}$ <sup>Pek</sup> yields the lower bound

(4.8)  
\n
$$
\left\langle \Psi_{\alpha} \middle| \mathbf{H}_{\Lambda} + \frac{\dot{p}}{m} (\rho - \Upsilon_{\Lambda}) \middle| \Psi_{\alpha} \right\rangle
$$
\n
$$
\geq e^{\text{Pek}} + \left\langle \Psi_{\alpha}^{*} \middle| - \frac{1}{4\alpha^{4}} \sum_{n=1}^{N} \partial_{\lambda_{n}}^{2} + J_{t^{\lambda}, \alpha^{-s}} [\tau (\lambda + \lambda^{\text{Pek}})] \right\rangle
$$
\n
$$
+ W_{\varphi^{\text{Pek}}} \mathcal{N}_{>N} W_{\varphi^{\text{Pek}}}^{-1} - \frac{\dot{p}}{m} \Upsilon_{\Lambda} \left| \Psi_{\alpha}^{*} \right\rangle
$$
\n
$$
- \frac{N}{2\alpha^{2}} + 2 \Re \epsilon \left\langle \Psi_{\alpha}^{*} \middle| a \left( \frac{\dot{p}}{m} \widetilde{\nabla}_{x_{1}} \xi \right) \middle| \Psi_{\alpha}^{*} \right\rangle
$$
\n
$$
+ \frac{|\dot{p}|^{2}}{m} - ||\xi||^{2} + O_{\alpha \to \infty} (\alpha^{-(2+\epsilon)}).
$$

The advantage of conjugating with the Weyl transformation  $W_{\varphi^{Pek}-i\xi} = W_{\varphi^{Pek}}W_{-i\xi}$ stems from the observation that we have an almost complete cancellation of linear terms, i.e., as we will verify below, the term linear in creation and annihilation operators  $\mathfrak{Re}\langle \Psi_{\alpha}^* | a(\frac{\beta}{m}\widetilde{\nabla}_{x_1}\xi)|\Psi_{\alpha}^*\rangle$  in Eq. (4.8) is of negligible order, and the function  $\lambda \mapsto$  $J_{t^{\lambda},\alpha^{-s}}[\tau(\lambda+\lambda^{\text{Pek}})]$  vanishes quadratically at  $\lambda=0$ . The latter follows from the fact that  $\tau(\lambda^{\text{Pek}}) = 0$ . Utilizing the inequalities  $\langle \Psi_{\alpha}^* | \mathcal{N} | \Psi_{\alpha}^* \rangle = \langle \Psi_{\alpha} | W_{\varphi^{\text{Pek}} - i\xi}^{-1} \mathcal{N} W_{\varphi^{\text{Pek}} - i\xi} | \Psi_{\alpha} \rangle \le \alpha^{-r}$ , see Eq. [\(3.15\)](#page-21-0), and  $\|\frac{p}{m}\widetilde{\nabla}_{x_1}\xi\| \lesssim |p|^2$ , where we have used that  $\varphi^{\text{Pek}} \in H^2(\mathbf{R}^3)$ , see [\[9](#page-38-0), [12](#page-38-0)], we obtain that

(4.9) 
$$
2\Re\left\{\Psi_{\alpha}^*\bigg|a\bigg(\frac{p}{m}\widetilde{\nabla}_{x_1}\xi\bigg)\bigg|\Psi_{\alpha}^*\bigg\}\lesssim \alpha^{-\frac{r}{2}}|p|^2\lesssim \alpha^{-(2+\frac{r}{2})}
$$

is indeed negligible small. Furthermore we can estimate, up to a term of order  $\alpha^{-(2+\frac{2}{3})},$  $\rm W_{\varphi}$ <sup>Pek</sup> $\mathcal N_{>N}^{}W_{\varphi}^{-1}$  from below by a proper quadratic expression

(4.10) 
$$
W_{\varphi^{Pek}} \mathcal{N}_{>N} W_{\varphi^{Pek}}^{-1} = \mathcal{N}_{>N} + a((1 - \Pi)\varphi^{Pek}) + a^{\dagger}((1 - \Pi)\varphi^{Pek}) + ||(1 - \Pi)\varphi^{Pek}||^{2} \\
\geq \frac{1}{2}\mathcal{N}_{>N} - 2||(1 - \Pi)\varphi^{Pek}||^{2} \\
= \frac{1}{2}\mathcal{N}_{>N} + O_{\alpha \to \infty}(\alpha^{-(2 + \frac{2}{5})}),
$$

where we have used  $\|(1 - \Pi)\varphi^{Pek}\|^2 \lesssim \alpha^{-(2+\frac{2}{5})}$ , see [\[1,](#page-38-0) Lemma A.1]. In the following let us use the convenient notation  $e_p^{\text{Pek}} := e^{\text{Pek}} + \frac{|p|^2}{2m}$ . Combining Eq. (4.8) with Eq. (4.9), <span id="page-29-0"></span>Eq. [\(4.10](#page-28-0)) and the observation that  $\frac{|p|^2}{m} - ||\xi||^2 \ge \frac{|p|^2}{2m}$ , and using the fact that

$$
\mathrm{E}_{\alpha,\Lambda}(\alpha^2 p) \geq \left\langle \Psi_{\alpha} \bigg| \mathbf{H}_{\Lambda} + \frac{p}{m}(p - \Upsilon_{\Lambda}) \bigg| \Psi_{\alpha} \right\rangle + \mathrm{O}_{\alpha \to \infty}(\alpha^{-(2+\frac{r}{2})}),
$$

see Eq.  $(4.4)$  $(4.4)$ , we obtain

(4.11) 
$$
E_{\alpha,\Lambda}(\alpha^2 p) \geq e_p^{\text{Pek}} + \left\langle \Psi_{\alpha}^* \middle| - \frac{1}{4\alpha^4} \sum_{n=1}^N \partial_{\lambda_n}^2 + J_{t^{\lambda}, \alpha^{-s}} [\tau(\lambda + \lambda^{\text{Pek}})] + \frac{1}{2} \mathcal{N}_{>N} - \frac{p}{m} \Upsilon_{\Lambda} \middle| \Psi_{\alpha}^* \right\rangle - \frac{N}{2\alpha^2} + O_{\alpha \to \infty}(\alpha^{-(2+\epsilon)}).
$$

The right hand side of Eq.  $(4.11)$  is up to a coordinate transformation in the argument of J*tλ,α*<sup>−</sup>*<sup>s</sup>* quadratic in creation and annihilation operators. In the next subsection we will apply a unitary transformation in order to arrive at a proper quadratic expression.

**4.2.** *Conjugation with the unitary* U*. —* In order to get rid of the coordinate transformation  $\tau$  in the argument of  $J_{t^{\lambda},\alpha^{-s}}$ , let us define the unitary operator  $\mathcal{U}$  on  $\mathcal{F}(\Pi L^2(\mathbf{R}^3)) \cong L^2(\mathbf{R}^N)$  as

$$
\mathcal{U}(\Psi)(\lambda) := \Psi(\Xi(\lambda)),
$$

where  $\Xi : \mathbf{R}^{N} \longrightarrow \mathbf{R}^{N}$  is defined as

$$
\Xi(\lambda) := \tau\big(\lambda + \lambda^{\mathrm{Pek}}\big) \in \Pi L^2\big(\mathbf{R}^3\big) \cong \mathbf{R}^N.
$$

Note that the inverse of  $\tau$  is simply given by  $\tau^{-1}(\varphi) = \varphi + f(t^{\varphi})$  where  $f : \mathbf{R}^3 \longrightarrow$  $\Pi L^2(\mathbf{R}^3)$  is defined in Definition [4.2,](#page-24-0) which can be checked easily using the fact that  $\langle \varphi_n | f(t) \rangle = 0$  for  $n \in \{1, 2, 3\}$  and consequently  $t^{\tau(\varphi)} = t^{\varphi}$ . Hence

(4.12) 
$$
\mathcal{U}^{-1}\lambda_n\mathcal{U}=\langle\varphi_n|\tau^{-1}(\lambda)\rangle-\lambda_n^{\text{Pek}}=\lambda_n+\langle\varphi_n|f(t^{\lambda})\rangle-\lambda_n^{\text{Pek}}
$$

and therefore

$$
\mathcal{U}^{-1}t^{\lambda}\mathcal{U} = (\langle \varphi_1 | \tau^{-1}(\lambda) \rangle - \lambda_1^{\text{Pek}}, \dots, \langle \varphi_3 | \tau^{-1}(\lambda) \rangle - \lambda_3^{\text{Pek}})
$$
  
=  $(\lambda_1, \dots, \lambda_3) = t^{\lambda}$ .

Defining the matrix  $(J_{t,y})_{n,m} := \langle \varphi_n | J_{t,y} | \varphi_m \rangle$  we furthermore have

$$
\mathcal{U}^{-1}J_{\iota^\lambda,\alpha^{-s}}\big[\tau\big(\lambda+\lambda^{\rm Pek}\big)\big]\mathcal{U}=J_{\iota^\lambda,\alpha^{-s}}[\lambda]=\sum_{n,m=4}^{\rm N}(J_{\iota^\lambda,\alpha^{-s}})_{n,m}\lambda_n\lambda_m
$$

<span id="page-30-0"></span>as well as  $U^{-1}i\partial_{\lambda_n}U = i\partial_{\lambda_n}$  for  $3 < n \leq N$ , which immediately follows from the observation that  $\Xi$  is a  $t^{\lambda} = (\lambda_1, \lambda_2, \lambda_3)$ -dependent shift. In the following let us extend  $\{\varphi_1, \ldots, \varphi_N\}$ to an orthonormal basis  $\{\varphi_n : n \in \mathbb{N}\}$  of  $L^2(\mathbb{R}^3)$  and introduce  $a_n := a(\varphi_n)$  for all  $n \in \mathbb{N}$ , and let us extend the action of U to all of  $\mathcal{F}(L^2(\mathbf{R}^3))$  such that  $\mathcal{U}^{-1}a_n\mathcal{U}=a_n$  for  $n>N$ . Defining

$$
\Psi'_\alpha := \mathcal{U}^{-1} \Psi_\alpha^*,
$$

we obtain by Eq. [\(4.11\)](#page-29-0)

(4.13) 
$$
E_{\alpha,\Lambda}(\alpha^2 p) \ge e_p^{\text{Pek}} + \left\langle \Psi_\alpha' \middle| - \frac{1}{4\alpha^4} \sum_{n=1}^3 \mathcal{U}^{-1} \partial_{\lambda_n}^2 \mathcal{U} - \frac{1}{4\alpha^4} \sum_{n=4}^N \partial_{\lambda_n}^2 + \sum_{n,m=4}^N (J_{t^{\lambda},\alpha^{-s}})_{n,m} \lambda_n \lambda_m + \frac{1}{2} \mathcal{N}_{>N} - \mathcal{U}^{-1} \frac{p}{m} \Upsilon_\Lambda \mathcal{U} \middle| \Psi_\alpha' \right\rangle - \frac{N}{2\alpha^2} + O_{\alpha \to \infty}(\alpha^{-(2+\epsilon)}).
$$

Using Eq. [\(4.12](#page-29-0)) and  $\mathcal{U}^{-1}i\partial_{\lambda_n}\mathcal{U}=i\partial_{\lambda_n}$  for  $3 < n \leq N$ , we further obtain the transformation law  $\mathcal{U}^{-1} a_n \mathcal{U} = a_n + \langle \varphi_n | f(t^{\lambda}) - \Pi \varphi^{\text{Pek}} \rangle$  for all  $n > 3$ .

In order to express  $\mathcal{U}^{-1}\frac{p}{m}\Upsilon_{\Lambda}\mathcal{U}$ , let us introduce the operators  $c_n$  defined as

$$
c_n := \frac{1}{2\alpha^2} \mathcal{U}^{-1} \partial_{\lambda_n} \mathcal{U}
$$

for  $n \in \{1, 2, 3\}$  and  $c_n := a_n$  for  $n > 3$ , as well as

$$
g(t) := f(t) - \Pi \varphi^{\text{Pek}} + \sum_{n=1}^{3} t_n \varphi_n \in \Pi L^2(\mathbf{R}^3)
$$

and  $g_n(t) := \langle \varphi_n | g(t) \rangle$ . With these definitions at hand we obtain

$$
\mathcal{U}^{-1}a_n\mathcal{U} = \mathcal{U}^{-1}\left(\frac{1}{2\alpha^2}\partial_{\lambda_n} + \lambda_n\right)\mathcal{U} = \frac{1}{2\alpha^2}\mathcal{U}^{-1}\partial_{\lambda_n}\mathcal{U} + \lambda_n
$$
  
=  $c_n + g_n(t^{\lambda})$ , for  $1 \le n \le 3$ ,  

$$
\mathcal{U}^{-1}a_n\mathcal{U} = a_n + \langle\varphi_n|f(t^{\lambda}) - \Pi\varphi^{\text{Pek}}\rangle = c_n + g_n(t^{\lambda})
$$
, for  $4 \le n \le N$ 

and  $\mathcal{U}^{-1}a_n\mathcal{U}=c_n=c_n+g_n(t^{\lambda})$  for  $n>N$ , and therefore

$$
\mathcal{U}^{-1}a_n\mathcal{U}=c_n+g_n(t^{\lambda})
$$

for all  $n \in \mathbb{N}$ . In the following we want to think of  $c_n$  as being a variable of magnitude  $\alpha^{-1}$  and  $t^{\lambda}$  as being of order  $\alpha^{-r}$  for some  $r > 0$ , and consequently we think of  $g_n(t^{\lambda})$  as

<span id="page-31-0"></span>being of order  $\alpha^{-r}$  as well, since  $g(0) = 0$ . While the former will be a consequence of the proof presented below, the control on  $t^{\lambda}$  follows from our assumption that we have condensation with respect to the state  $\varphi^{\text{Pek}}$ .

In the following we want to show that for suitable  $\epsilon' > 0$ ,  $\frac{p}{m}\Upsilon_{\Lambda}$  is bounded by  $\beta(-\frac{1}{4\alpha^4}\sum_{n=1}^3\mathcal{U}^{-1}\partial_{\lambda_n}^2\mathcal{U}+\sum_{n=4}^N a_n^{\dagger}a_n+\mathcal{N}_{>N})$  with  $\beta=\alpha^{-\epsilon'}$ , up to a term of negligible magnitude, see Eq. [\(4.16\)](#page-32-0). Since  $-\frac{1}{4\alpha^4}\sum_{n=1}^3\mathcal{U}^{-1}\partial_\lambda^2\mathcal{U}$  and  $\mathcal{N}_{>N}$  appear in the expression on the right hand side of Eq. [\(4.13\)](#page-30-0) as well, and since they are non-negative, this will leave us with the study of

$$
-\frac{1}{4\alpha^4}\sum_{n=4}^N\partial_{\lambda_n}^2+\sum_{n,m=4}^N(\mathbf{J}_{t^{\lambda},\alpha^{-s}})_{n,m}\lambda_n\lambda_m-\beta\sum_{n=4}^N a_n^{\dagger}a_n
$$

for a lower bound on the expression on the right hand side of Eq. [\(4.13](#page-30-0)). Using the representation

$$
\frac{p}{m}\Upsilon_{\Lambda}=\sum_{n,m=1}^{\infty}\bigg\langle\varphi_{n}\bigg|\frac{p}{i\,m}\widetilde{\nabla}_{x_{1}}\bigg|\varphi_{m}\bigg\rangle a_{n}^{\dagger}a_{m},
$$

we obtain

$$
(4.14) \qquad U^{-1}\frac{p}{m}\Upsilon_{\Lambda}U = \sum_{n,m=1}^{\infty}\Biggl\langle\varphi_{n}\Biggl|\frac{p}{im}\widetilde{\nabla}_{x_{1}}\Biggl|\varphi_{m}\Biggr\rangle\bigl(c_{n}+g_{n}(t^{\lambda})\bigr)^{\dagger}\bigl(c_{m}+g_{m}(t^{\lambda})\bigr)\\ = \sum_{n,m=1}^{\infty}\Biggl\langle\varphi_{n}\Biggl|\frac{p}{im}\widetilde{\nabla}_{x_{1}}\Biggl|\varphi_{m}\Biggr\rangle c_{n}^{\dagger}c_{m}\\ + \sum_{n,m=1}^{\infty}\Biggl\langle\varphi_{n}\Biggl|\frac{p}{im}\widetilde{\nabla}_{x_{1}}\Biggl|\varphi_{m}\Biggr\rangle\bigl(c_{n}^{\dagger}g_{m}(t^{\lambda})+g_{n}(t^{\lambda})c_{m}\bigr),
$$

where we have used

$$
\sum_{n,m=1}^{\infty} \Biggl\langle \varphi_n \Biggl| \frac{\hat{p}}{im} \widetilde{\nabla}_{x_1} \Biggr| \varphi_m \Biggr\rangle_{\mathcal{S}_m}(t^{\lambda}) g_m(t^{\lambda}) = \Biggl\langle g(t^{\lambda}) \Biggl| \frac{\hat{p}}{im} \widetilde{\nabla}_{x_1} \Biggr| g(t^{\lambda}) \Biggr\rangle = 0,
$$

see the comment below Eq. [\(4.7](#page-27-0)). Using the bound on the operator norm

$$
\left\|\frac{p}{m}\widetilde{\nabla}_{x_1}\right\|_{\text{op}} \leq \frac{|p|}{m} 3\Lambda = \frac{|p|}{m} 3\alpha^{\frac{4}{5}(1+\sigma)} \lesssim \alpha^{\frac{4}{5}(1+\sigma)-1}
$$

yields

$$
(4.15) \qquad \qquad \pm \sum_{n,m=1}^{\infty} \left\langle \varphi_n \left| \frac{p}{im} \widetilde{\nabla}_{x_1} \right| \varphi_m \right\rangle c_n^{\dagger} c_m \lesssim \alpha^{\frac{4}{5}(1+\sigma)-1} \sum_{n=1}^{\infty} c_n^{\dagger} c_n.
$$

<span id="page-32-0"></span>For the bound in Eq. [\(4.15](#page-31-0)) it is essential that we are using the truncated momentum  $\Upsilon_{\Lambda}$ defined in terms of the bounded operator  $\nabla_{x_1}$  instead of the unbounded operator  $\nabla_{x_1}$ . Defining the coefficients

$$
h_n(t) := \sum_{m=1}^{\infty} \left\langle \varphi_n \middle| \frac{p}{i m} \widetilde{\nabla}_{x_1} \right| \varphi_m \right\rangle_{\mathcal{S}_m}(t)
$$

and applying Cauchy–Schwarz furthermore yields for all  $\beta > 0$ 

$$
\begin{split}\n&\pm\sum_{n,m=1}^{\infty}\left\langle\varphi_{n}\left|\frac{p}{im}\widetilde{\nabla}_{x_{1}}\right|\varphi_{m}\right\rangle\left(c_{n}^{\dagger}g_{m}(t^{\lambda})+g_{n}(t^{\lambda})c_{m}\right) \\
&=\pm\sum_{n=1}^{\infty}\left(c_{n}^{\dagger}h_{n}(t^{\lambda})+\overline{h_{n}(t^{\lambda})}c_{n}\right) \\
&\leq\beta\sum_{n=1}^{\infty}c_{n}^{\dagger}c_{n}+\beta^{-1}\sum_{n=1}^{\infty}\left|h_{n}(t^{\lambda})\right|^{2}=\beta\sum_{n=1}^{\infty}c_{n}^{\dagger}c_{n}+\beta^{-1}\left\|\frac{p}{m}\widetilde{\nabla}_{x_{1}}g(t^{\lambda})\right\|^{2}.\n\end{split}
$$

Note that  $\|\frac{p}{m}\widetilde{\nabla}_{x_1}g(t)\| \le \frac{|p|}{m}\|\nabla g(t)\|$ . Making use of  $\nabla g(t) = \nabla \Pi \eta(t)$  with

$$
\eta(t) := \chi\left(|t| < \delta_*\right) \left(\varphi_{x_l}^{\text{Pek}} - \varphi^{\text{Pek}}\right) \\
+ \chi\left(\delta_* \leq |t|\right) \left(\sum_{n=1}^3 t_n \frac{\nabla_{x_n} \varphi^{\text{Pek}}}{\|\Pi \nabla_{x_n} \varphi^{\text{Pek}}\|} - \varphi^{\text{Pek}}\right),
$$

we obtain  $\|\nabla g(t)\| \lesssim \|\nabla \eta(t)\| + \alpha^{-4(1+\sigma)} \|\eta(t)\|$  by Lemma [A.3](#page-36-0). Using again  $\varphi^{\text{Pek}} \in$  $H^2(\mathbf{R}^3)$ , we have  $\|\eta(t)\| + \|\nabla \eta(t)\| \lesssim 1 + |t|$ , as well as

$$
\|\nabla \eta(t)\| = \|\nabla \varphi_{x_t}^{\text{Pek}} - \nabla \varphi^{\text{Pek}}\| \leq |x_t| \|\Delta \varphi^{\text{Pek}}\| \lesssim |t|
$$

for  $|t| < \delta_*$ . Consequently,  $\|\frac{\ell}{m}\widetilde{\nabla}_{x_1}g(t)\| \leq C_0|\rho|(|t| + \alpha^{-4(1+\sigma)}(1+|t|))$  for a suitable constant C<sub>0</sub>. The choice  $\beta := \alpha^{-\min\{\frac{r}{2},1\}}$  yields for  $\alpha$  large enough

(4.16) 
$$
\pm \mathcal{U}^{-1} \frac{p}{m} \Upsilon_{\Lambda} \mathcal{U} \leq \alpha^{-\epsilon'} \sum_{n=1}^{\infty} c_n^{\dagger} c_n + C_0 C^2 (\alpha^{-2} \alpha^{\min\{\frac{r}{2},1\}} |t^{\lambda}|^2 + \alpha^{-5-4\sigma} (1+|t^{\lambda}|)^2)
$$

with  $\epsilon' < \min\{\frac{r}{2}, 1 - \frac{4}{5}(1 + \sigma)\}\)$ . In the following let  $\alpha$  be large enough such that  $\epsilon' \leq \frac{1}{2}$ . Then we have

$$
\alpha^{-\epsilon'} \sum_{n \notin \{4,\dots,N\}} c_n^{\dagger} c_n = \alpha^{-\epsilon'} \left( \sum_{n>N} a_n^{\dagger} a_n - \frac{1}{4\alpha^4} \sum_{n=1}^3 \mathcal{U}^{-1} \partial_{\lambda_n}^2 \mathcal{U} \right)
$$
  

$$
\leq \frac{1}{2} \mathcal{N}_{>N} - \frac{1}{4\alpha^4} \sum_{n=1}^3 \mathcal{U}^{-1} \partial_{\lambda_n}^2 \mathcal{U}.
$$

Using Eq. [\(4.13](#page-30-0)), Eq. [\(4.16](#page-32-0)) and

$$
\langle \Psi_{\alpha}^{\prime} || t^{\lambda} ||^2 | \Psi_{\alpha}^{\prime} \rangle = \langle \widetilde{\Psi}_{\alpha} || t^{\lambda} ||^2 | \widetilde{\Psi}_{\alpha} \rangle \leq \langle \widetilde{\Psi}_{\alpha} | \mathcal{N} | \widetilde{\Psi}_{\alpha} \rangle + \frac{3}{2\alpha^2} \leq \alpha^{-r} + \frac{3}{2\alpha^2},
$$

see Theorem [3.7](#page-21-0) for the last estimate, we obtain for a suitable  $\epsilon > 0$ 

$$
E_{\alpha,\Lambda}(\alpha^{2}p) \ge e_{p}^{\text{Pek}} + \left\langle \Psi_{\alpha}^{\prime} \middle| - \frac{1}{4\alpha^{4}} \sum_{n=4}^{N} \partial_{\lambda_{n}}^{2} + \sum_{n,m=4}^{N} (J_{\ell^{\lambda},\alpha^{-s}})_{n,m} \lambda_{n} \lambda_{m} - \alpha^{-\epsilon^{\prime}} \sum_{n=4}^{N} a_{n}^{\dagger} a_{n} \middle| \Psi_{\alpha}^{\prime} \right\rangle - \frac{N}{2\alpha^{2}} + O_{\alpha \to \infty}(\alpha^{-(2+\epsilon)})
$$
  
=  $e_{p}^{\text{Pek}} + (1 - \alpha^{-\epsilon^{\prime}}) \left\langle \Psi_{\alpha}^{\prime} \middle| \mathbf{Q}_{\ell^{\lambda},\alpha^{-s}}^{\alpha^{-\epsilon^{\prime}}} - \frac{N}{2\alpha^{2}} \middle| \Psi_{\alpha}^{\prime} \right\rangle + O_{\alpha \to \infty}(\alpha^{-(2+\epsilon)})$ 

with

$$
\mathbf{Q}_{t,\gamma}^{\kappa} := -\frac{1}{4\alpha^4} \sum_{n=4}^N \partial_{\lambda_n}^2 + \frac{1}{1-\kappa} \sum_{n,m=4}^N ((J_{t,\gamma})_{n,m} - \kappa \delta_{n,m}) \lambda_n \lambda_m,
$$

where we used the fact that  $\sum_{n=4}^{N} a_n^{\dagger} a_n = -\frac{1}{4\alpha^4} \sum_{n=4}^{N} \partial_{\lambda_n}^2 + \sum_{n=4}^{N} \lambda_n^2 - \frac{N-3}{2\alpha^2}$ .

**4.3.** Properties of the harmonic oscillators  $\mathbf{Q}_{\iota,\gamma}^{\kappa}$ . — Let  $\pi$  be the projection from Defini-tion [4.3](#page-24-0) and note that  $J_{t,\gamma} \geq c \pi$  for suitable  $c > 0$ ,  $\gamma$  small enough and  $\alpha$  large enough by [\[1,](#page-38-0) Lemma B.5]. Therefore  $\mathbf{Q}_{\ell,\alpha^{-s}}^{\alpha^{-\epsilon'}} \geq 0$  for  $\alpha$  large enough. Since  $J_{\ell,\gamma} \leq 1$ , we furthermore have

$$
(1 - \kappa) \inf \sigma \left( \mathbf{Q}_{t,\gamma}^{\kappa} \right) \leq \frac{N}{2\alpha^2} \lesssim \alpha^{-2} \left( \frac{\Lambda}{\ell} \right)^3 \leq \alpha^q
$$

for a suitable exponent  $q$ , see Definition [4.1.](#page-24-0) Combining this with the estimate

$$
\langle \Psi_{\alpha}^{\prime} | 1 - \mathbf{B} | \Psi_{\alpha}^{\prime} \rangle = \langle \widetilde{\Psi}_{\alpha} | 1 - \mathbf{B} | \widetilde{\Psi}_{\alpha} \rangle \le e^{-\beta \alpha^{2-2s}}
$$

<span id="page-34-0"></span>for a suitable  $\beta > 0$ , where  $\mathbf{B} := \chi(|t^{\lambda}| < \alpha^{-s})$ , see Eq. [\(4.6](#page-26-0)), yields

$$
\inf_{|t|<\alpha^{-s}}\inf\sigma\big(\mathbf{Q}_{t,\alpha^{-s}}^{\alpha^{-\epsilon'}}\big)\bra{\Psi_\alpha}\mathbf{B} \ket{\Psi_\alpha}\geq \inf_{|t|<\alpha^{-s}}\inf\sigma\big(\mathbf{Q}_{t,\alpha^{-s}}^{\alpha^{-\epsilon'}}\big)+\mathrm{O}_{\alpha\to\infty}\big(\alpha^qe^{-\beta\alpha^{2-2s}}\big)\,.
$$

Therefore we obtain for a suitable  $\epsilon > 0$ 

$$
\begin{split}\n\textbf{(4.17)} \qquad \qquad & \mathrm{E}_{\alpha,\Lambda}\big(\alpha^2 \beta\big) \\
&\geq e_{\beta}^{\mathrm{Pek}} + \big(1 - \alpha^{-\epsilon'}\big) \bigg\langle \Psi_{\alpha}^{'} \bigg| \mathbf{Q}_{\ell^{\lambda},\alpha^{-s}}^{\alpha^{-\epsilon'}} \mathbf{B} - \frac{N}{2\alpha^2} \bigg| \Psi_{\alpha}^{'} \bigg\rangle + \mathrm{O}_{\alpha \to \infty} \big( \alpha^{-(2+\epsilon)} \big) \\
&\geq e_{\beta}^{\mathrm{Pek}} + \big(1 - \alpha^{-\epsilon'}\big) \bigg( \inf_{|t| < \alpha^{-s}} \inf \sigma \big( \mathbf{Q}_{t,\alpha^{-s}}^{\alpha^{-\epsilon'}} \big) \, \langle \Psi_{\alpha} | \mathbf{B} | \Psi_{\alpha} \rangle - \frac{N}{2\alpha^2} \bigg) \\
&\quad + \mathrm{O}_{\alpha \to \infty} \big( \alpha^{-(2+\epsilon)} \big) \\
&\geq e_{\beta}^{\mathrm{Pek}} + \big(1 - \alpha^{-\epsilon'}\big) \bigg( \inf_{|t| < \alpha^{-s}} \inf \sigma \big( \mathbf{Q}_{t,\alpha^{-s}}^{\alpha^{-\epsilon'}} \big) - \frac{N}{2\alpha^2} \bigg) + \mathrm{O}_{\alpha \to \infty} \big( \alpha^{-(2+\epsilon)} \big).\n\end{split}
$$

Since  $\mathbf{Q}_{\iota,\gamma}^{\kappa}$  is a harmonic oscillator, we can write its ground state energy explicitly as

$$
\begin{split} \inf \sigma \left( \mathbf{Q}_{t,\gamma}^{\kappa} \right) &= \frac{1}{2\alpha^2} \text{Tr}_{\Pi L^2(\mathbf{R}^3)} \sqrt{\frac{J_{t,\gamma} - \kappa \pi}{1 - \kappa}} \\ &= \inf \sigma \left( \mathbf{Q}_{t,\gamma}^0 \right) + \frac{1}{2\alpha^2} \text{Tr}_{\Pi L^2(\mathbf{R}^3)} \bigg[ \sqrt{\frac{J_{t,\gamma} - \kappa \pi}{1 - \kappa}} - \sqrt{J_{t,\gamma}} \bigg]. \end{split}
$$

Using  $J_{t,\gamma}\pi = J_{t,\gamma}$ , and therefore  $[J_{t,\gamma}, \pi] = 0$ , and again the fact that  $J_{t,\gamma} \geq c\pi$  for  $\gamma$  $\sum_{i}$  small enough and *α* large enough, as well as  $|\sqrt{x} - \sqrt{y}| \le \frac{1}{\sqrt{c}} |x - y|$  for  $x \ge 0$  and  $y \ge c$ , we obtain for such  $\gamma$ ,  $\alpha$ , and  $\kappa \leq c$ 

$$
\pm \operatorname{Tr}_{\Pi L^{2}(\mathbf{R}^{3})} \left[ \sqrt{\frac{J_{t,\gamma} - \kappa \pi}{1 - \kappa}} - \sqrt{J_{t,\gamma}} \right]
$$
\n
$$
\leq \frac{1}{\sqrt{c}} \operatorname{Tr}_{\Pi L^{2}(\mathbf{R}^{3})} \left| \frac{J_{t,\gamma} - \kappa \pi}{1 - \kappa} - J_{t,\gamma} \right|
$$
\n
$$
= \frac{\kappa}{\sqrt{c}(1 - \kappa)} \operatorname{Tr}[J_{t,\gamma} - \pi]
$$
\n
$$
= \frac{\kappa (1 + \gamma)}{\sqrt{c}(1 - \kappa)} \operatorname{Tr}[K^{\text{Pek}} + \gamma L^{\text{Pek}}] \lesssim \frac{\kappa}{1 - \kappa},
$$

where we have used that  $K^{Pek}$  and  $L^{Pek}$  defined in Definition [4.3](#page-24-0) are trace-class. Combining what we have so far with the bound

$$
\inf \sigma \left( \mathbf{Q}^0_{\ell,\gamma} \right) \geq \frac{N}{2\alpha^2} - \frac{1}{2\alpha^2} \text{Tr} \big[ 1 - \sqrt{H^{\text{Pek}}} \big] - D \big( \alpha^{-2} \gamma + \alpha^{-(2 + \frac{1}{3})} \big)
$$

<span id="page-35-0"></span>for small *γ* , |*t*| *< γ* and large *α*, and a suitable D *>* 0, see [\[1](#page-38-0), Lemma B.5], yields

$$
\inf_{|t|<\alpha^{-s}}\inf \sigma\left(\mathbf{Q}_{t,\alpha^{-s}}^{\alpha^{-\epsilon'}}\right)-\frac{N}{2\alpha^2}+\frac{1}{2\alpha^2}\mathrm{Tr}\big[1-\sqrt{H^{\mathrm{Pek}}}\,\big]\\ \gtrsim -\big(\alpha^{-(2+s)}+\alpha^{-(2+\frac{1}{5})}+\alpha^{-(2+\epsilon')}\big).
$$

In combination with Eq. [\(4.17\)](#page-34-0) we therefore obtain for a suitable  $\epsilon > 0$ 

$$
E_{\alpha,\Lambda}(\alpha^2 p) \geq e_p^{\text{Pek}} - \frac{1}{2\alpha^2} \text{Tr} \big[ 1 - \sqrt{H^{\text{Pek}}} \big] + O_{\alpha \to \infty}(\alpha^{-(2+\epsilon)}),
$$

which concludes the proof of Eq. [\(2.3](#page-5-0)).

## **Appendix A: Auxiliary results**

*Lemma*  $\mathbf{A} \cdot \mathbf{1} \cdot \mathbf{1} = Let g(k) := \chi^1(\mathbf{K}^{-1}|k| \leq 2)$ *k* for  $k \in \mathbf{R}$ *. Then there exists a constant*  $\mathbf{C} > 0$ *such that for any bounded function*  $f : \mathbf{R} \to \mathbf{R}$  *with*  $f' \in L^2(\mathbf{R})$  *and*  $K > 0$ *, the double commutator is bounded by*

$$
(\mathbf{A.1}) \qquad \qquad \left\| \left[ \left[ g \left( \frac{1}{i} \frac{d}{dt} \right), f(t) \right], f(t) \right] \right\|_{op} \leq C \left\| f' \right\|^2,
$$

*where we write*  $f(t)$  *for the multiplication operator with respect to the function*  $t \mapsto f(t)$ *. Furthermore we can choose the constant* C *>* 0 *such that*

$$
(\mathbf{A.2}) \qquad \qquad \bigg\| \bigg[ g\bigg(\frac{1}{i}\frac{d}{dt}\bigg), f(t) \bigg] \bigg\|_{op} \leq C\sqrt{K} \|f'\|.
$$

*Proof.* — Let us denote with  $T_z\phi(y) := \phi(y + z)$  the translation operator on  $L^2(\mathbf{R})$ and let us write  $\mathcal{F}(\cdot)$  for the Fourier transformation. Then

$$
\left[\left[g\left(\frac{1}{i}\frac{d}{dt}\right),f(t)\right],f(t)\right]=\int_{\mathbf{R}}\mathcal{F}^{-1}(g)(z)\,\mathrm{T}_{z}\left[f(t+z)-f(t)\right]^{2}\mathrm{d}z.
$$

Using the Sobolev inequality

$$
\left| f(t+z) - f(t) \right|^2 \leq \left\| f' \right\|^2 |z|
$$

<span id="page-36-0"></span>and the fact that  $\mathcal{F}^{-1}(g)(z) = K^2 \mathcal{F}^{-1}(g_*)(Kz)$ , where  $g_*(k) := \chi^1(|k| \leq 2)k$  is a Kindependent smooth function with compact support, therefore yields

$$
\left\| \left[ \left[ g \left( \frac{1}{i} \frac{d}{dt} \right) , f(t) \right], f(t) \right] \right\|_{op} \leq \int_{\mathbf{R}} |\mathcal{F}^{-1}(g)(z)| \sup_{t \in \mathbf{R}} |f(t+z) - f(t)|^2 dz
$$
  

$$
\leq K^2 \|f'\|^2 \int_{\mathbf{R}} |\mathcal{F}^{-1}(g_*)(Kz)| |z| dz
$$
  

$$
= \|f'\|^2 \int_{\mathbf{R}} |\mathcal{F}^{-1}(g_*)(z)| |z| dz.
$$

Since  $\int_{\mathbf{R}} |\mathcal{F}^{-1}(g_*)(z)||z|dz < \infty$ , this concludes the proof of Eq. [\(A.1](#page-35-0)). Regarding Eq.  $(A.2)$  $(A.2)$ , we obtain in a similar fashion

$$
\left\| \left[ g \left( \frac{1}{i} \frac{d}{dt} \right), f(t) \right] \right\|_{op} \leq K^2 \|f'\| \int_{\mathbf{R}} |\mathcal{F}^{-1}(g_*)(Kz)| \sqrt{|z|} dz
$$
  

$$
\leq \sqrt{K} \|f'\| \int_{\mathbf{R}} |\mathcal{F}^{-1}(g_*)(z)| \sqrt{|z|} dz.
$$

*Lemma*  $\mathbf{A.2.}$  — *For*  $K > 0$  *we have the estimate*  $\|\chi(|\nabla| > K)\nabla\varphi^{\text{Pek}}\| \lesssim \frac{1}{\sqrt{K}}$ .

*Proof.* — We can write  $\varphi^{\text{Pek}} = 4\sqrt{\pi}(-\Delta)^{-\frac{1}{2}}|\psi^{\text{Pek}}|^2$ , where  $\psi^{\text{Pek}}$  is as in Definition [4.3](#page-24-0). Hence the Fourier transform of ∇*ϕ*Pek reads

$$
\mathcal{F}(\nabla \varphi^{\text{Pek}})(k) = \frac{ik}{|k|} \mathcal{F}(|\psi^{\text{Pek}}|^2)(k),
$$

and therefore

$$
\|\chi(|\nabla| > K)\nabla\varphi^{\text{Pek}}\|^2 = \int_{|k| > K} |\mathcal{F}(|\psi^{\text{Pek}}|^2)(k)|^2 dk
$$
  

$$
\leq ||k|^2 \mathcal{F}(|\psi^{\text{Pek}}|^2)(k) ||_{\infty}^2 \int_{|k| > K} \frac{1}{|k|^4} dk \lesssim \frac{1}{K},
$$

where we used  $\psi^{\text{Pek}} \in H^2(\mathbf{R}^3)$  and consequently  $\| |k|^2 \mathcal{F}(|\psi^{\text{Pek}}|^2)(k) \|_{\infty} < \infty$ .

 $\Box$ 

*Lemma*  $\mathbf{A.3.}$  — *With*  $\Pi$  *the projection defined in Definition* [4.1,](#page-24-0) *we have* 

$$
\left\| \big[ |\nabla|, \Pi \big] \right\|_{\mathrm{op}} \lesssim \alpha^{-4(1+\sigma)}.
$$

*Proof. —* Using the Fourier transformation, we can write

$$
\mathcal{F}(\Pi\varphi)(k)=\sum_{n=1}^N\langle f_n|\mathcal{F}(\varphi)\rangle f_n(k),
$$

with the help of non-negative functions  $f_n$  having pairwise disjoint support, which additionally satisfy  $||f_n|| = 1$  and  $supp(f_n) \subset B_{\sqrt{3}\alpha^{-4(1+\sigma)}}(z^n)$  for some  $z^n \in \mathbb{R}^3$ . Therefore

$$
\mathcal{F}([\nabla], \Pi]\varphi)(k) = \sum_{n=1}^{N} (\langle f_n | \mathcal{F}(\varphi) \rangle |k| - \langle f_n | \mathcal{F}([\nabla]\varphi) \rangle) f_n(k)
$$
  
= 
$$
\sum_{n=1}^{N} \int f_n(k') \mathcal{F}(\varphi)(k') (|k| - |k'|) d k' f_n(k).
$$

Using that the functions  $f_n$  have disjoint support, as well as the fact that  $||k| - |k'|| \le$ Using that the functions  $f_n$  have disjoint support, as w<br>2 $\sqrt{3}\alpha^{-4(1+\sigma)}$  for *k*, *k'* ∈ supp(*f<sub>n</sub>*), we obtain furthermore

$$
\|[\nabla], \Pi]\varphi\|^2 = \sum_{n=1}^N \int \left| \int f_n(k') \mathcal{F}(\varphi)(k') (|k| - |k'|) dk' \right|^2 |f_n(k)|^2 dk
$$
  
\n
$$
\leq 12\alpha^{-8(1+\sigma)} \sum_{n=1}^N \left| \int f_n(k') \left| \mathcal{F}(\varphi)(k') | dk' \right|^2 \right|
$$
  
\n
$$
\leq 12\alpha^{-8(1+\sigma)} \left\| \left| \mathcal{F}(\varphi) \right| \right\|^2 = 12\alpha^{-8(1+\sigma)} \|\varphi\|^2,
$$

where we have used that  $f_n$  is an orthonormal system.

### **Declarations:**

### **Competing Interests**

The authors declare no competing interests.

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