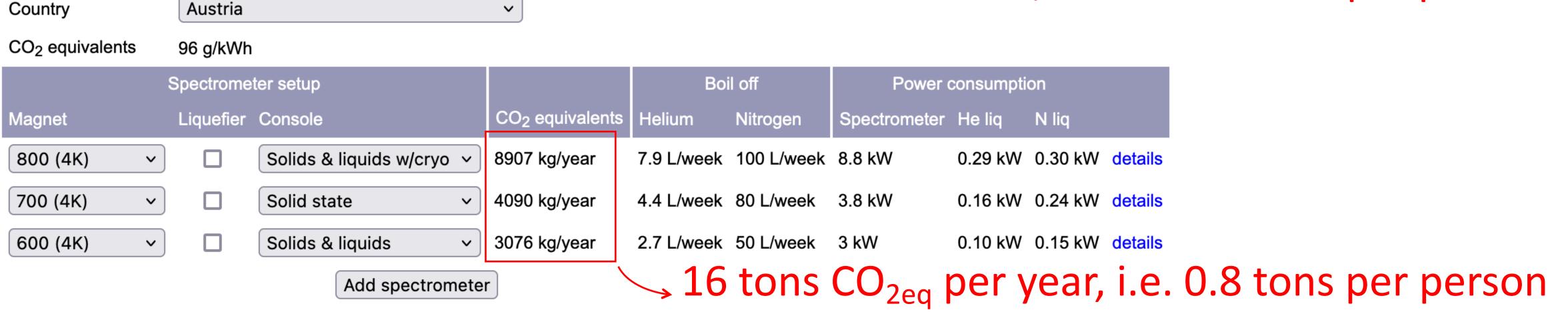
Comparison: how much does our research emit?



Carbon footprint of NMR instruments

Assuming you run 3 NMR magnets, including cryoprobe and solids, 600, 700, 800 MHz, which serve 20 people:



Calculation details

Item	Consumption	Conversion	Energy	CO ₂ equiv
He boil off (800 MHz)	7.9 L/week	6.25 kWh/L 486 gCO ₂ /kWh (World)	2575 kWh/year	1251 kg/year
N boil off (800 MHz)	100.0 L/week	500 Wh/L 96 gCO ₂ /kWh (Austria)	2609 kWh/year	250 kg/year
Console (Solids & liquids w/cryo)	8.8 kW	96 gCO ₂ /kWh (Austria)	77141 kWh/year	7406 kg/year
Total			82325 kWh/year	8907 kg/year

Nice tool: https://csdm.dk/rnmr/consumption.html

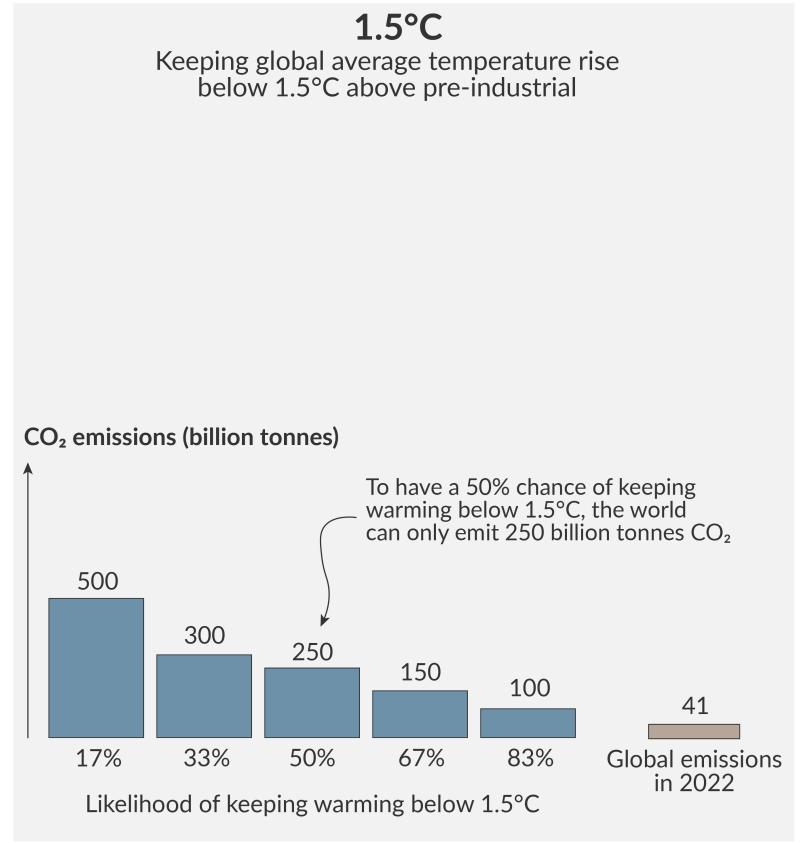
The 5-day trip to ENC 2025 produced on average 2.9 tons CO₂, which is about 3.5 times more than running the NMR machines all year long (in this example).

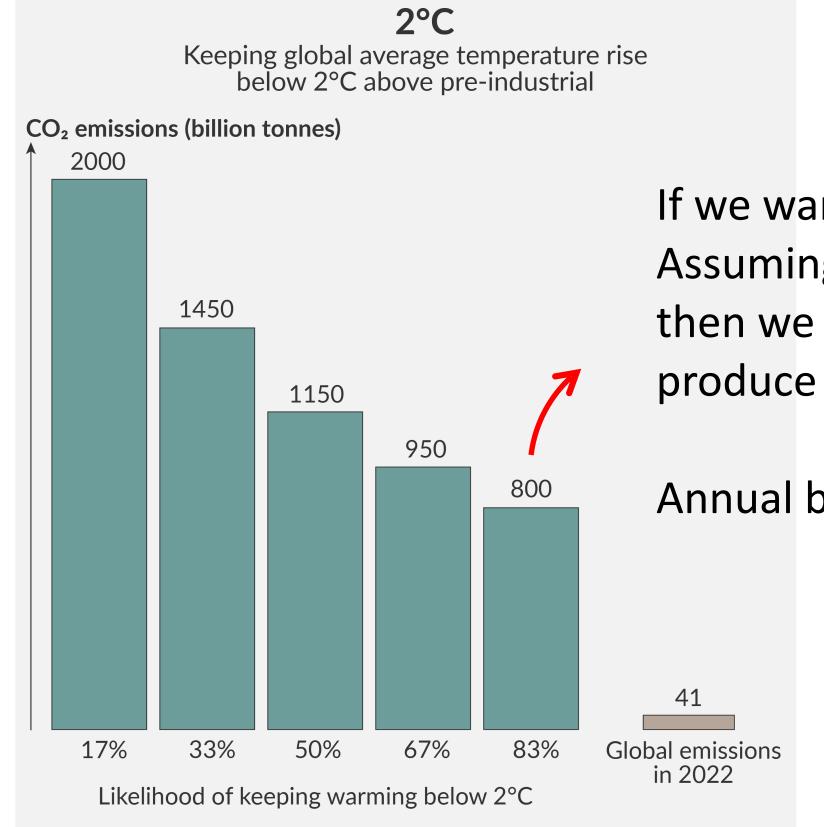
Estimating the carbon budget per person to stay within warming limit

Carbon budget to keep global warming below 1.5°C and 2°C



How much total CO₂ can be emitted to keep global average temperature rise below 1.5C and 2C, compared to pre-industrial temperatures. This is remaining budget from the start of 2023. Current annual emissions from fossil fuels, industry and land use are shown for context.





If we want to have a 83% chance to stay within 2 °C: Assuming that we have 30 years time (and that by then we found some magic trick to allows us to not produce CO2 any more):

Annual budget =
$$\frac{800 \text{ billion tons CO}_2}{8.1 \text{ billion people} \cdot 30 \text{ years}}$$

= 3.3 tons CO_{2eq} per capita/year

Note that this number must ramp down to zero over 30 years.